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Cross Country Skis, fitted especially for you, at the best price. Period.



www.CrossCountrySki.com

The HQ Snow-Making **Fleet Expands!**

Ever since the beginning of XC Ski HQ, it has been our constant quest to improve the quality of skiing on our trail network. With weather volatility as the wild card of reliable ski conditions, much of our efforts in recent years have gone towards improving our snow-making capabilities. Last season, we added a John Deere "Snow Spreader" to our grooming fleet, and what a success it was! We were able to create unprecedented ski conditions in inclimate weather using primarily man-made snow. The 2km "John Deere Loop" stayed in great shape through most of the season's warm ups, and was enjoyed by many skiers all winter, especially when adequate snow was hard to find in lower Michigan. Overall, we are very excited about our increased ability to create good ski conditions when Mother Nature doesn't cooperate, which is why we have added another tractor to the snow making fleet!

You may be wondering, why another tractor? Well, when we embarked on snow-spreading last winter, probably the biggest surprise was the amount of time and effort it took to make, spread, smooth, and groom just 2km of man-made snow. Another surprise was that it can take more time to load the Spreader full of heavy, (cont. on page 34)

Do YOU need Skin Skis?



Eight years into the skin ski revolution, both the interest from skiers and the selection of skin skis in the market continues to grow. But just because skin skis are growing in popularity, does that mean that they are right for you?

Based on our experience as shop owners, and evidenced by our demo center and a (cont. pg 27)

Sayla James Colie Joins the Crew!



"BEARING DOWN" A Behind-the-Scenes Look at the Gold Medal Moment with Olympic Wax Tech and Ski Tester, Eli Brown



won Gold in the Team Sprint +HSA'

Eli Brown, a Northern Michigander and former Division I collegiate Nordic coach, reflects on his experience on the USA Nordic Wax and Service Team at the 2018 Winter Olympics in PyongCheng. His role as Wax Tech and "Test Pilot" gave him a firsthand experience of what it takes to win an Olympic gold medal. The answer? It's all about the team.

HQ: How did you land the position of Olympic Wax Tech and Test Pilot?

EB: Well, for me, it was like coming full circle, because I was an athlete who wanted to go to the Olympics and dreamed about it my whole life. Finally I had the chance now in a role to give back, so I was more than happy to do it, even though it was a big time commitment away from my job and my family. This was the fifth year in a row that I've gone over to Europe for a month to wax and test for the team. And I had the same role with the same exact team of guys at the last two World Championships, where we medalled both times, so we call ourselves the "A Team". That included the fulltime guys, a couple Estonians, a Frenchman, and two American boys. And some of the coaches do double duty like Jason Cork, who is Jessie Diggins coach and the mens' head coach. HQ: What were the most challenging conditions your team had to wax for in PyongCheng?

EB: I think the trickiest thing was the fact that conditions never changed. I saw like 3 snowflakes the whole time I was there. It was super brutally windy, it was super dirty, sand and grit – I think it was one of the Canadians who was going around and sampling the snow, and they'd take little scoops of snow here and there along the course, and then put it in a bucket and let it melt down to see what was actually in it. And there was just tons of dirt. The challenge of this slow, sand paper snow, and the fact that it didn't change, is that it's easy to get a little soft or complacent. Or make assumptions. But we stayed sharp, and the athletes stayed sharp.

HQ: Can you give an example?

Stu and Mariah's baby girl was born in perfect health EB: The day of the Team Sprint, we (Cont. on page 26) on August 23rd, 2018. She'll be waxing skis in no time! 3

Recreational No-Wax Ski Packages

All packages include complimentary binding installation & base prep (\$20), Ski Bones (5.99) for base protection, and free shipping to lower 48!

27% OFF Sporten Favorit No-Wax Ski Package: <mark>\$259.80</mark>

– 2019 Sporten Favorit NIS No-Wax Skis. Side Cut 54-48-52 mm. Sizes 180cm (skier weight 99 to 132 lbs), 190cm (125 to 156 lbs), 200cm (150 to 187 lbs), 205cm (169 to 210+ lbs). The Sporten Favorit is a fun, recreational ski for everyone from beginners to long time skiers. It offers great stability in machine-groomed tracks, and is wide enough to provide enough stability for most off-trail adventures as well. With the MulitiGrip Positive Base, the Favorit offers easy kick, superior climbing ability, and smooth glide. The Air Channel Poplar Core is very durable and responsive, and the side-cut makes them easy to



control. Our staff loves how user-friendly and versatile this ski is, and the great glide is an extra plus! Use on and off trail 60/40. XC Ski HQ Demo Rating **** List: \$139 – **2019 Alpina NNN T5 or T5 Eve Boots.** Euro size 36 (4.5 US lady) to Euro 50 (15 US men). This Sport Touring boot looks great and has features found on boots costing much more, including a reinforced heel counter, Thinsulate insulation, soft collar, and Speed Lacing System. The soft boot flex makes for ideal classic skiing performance, and the lace hooks on the upper offer great ankle support. Use on and off trail 60/40. XC Ski HQ Demo Rating: ***7/8 List: \$100

- 2019 Touring Classic NNN Auto Bindings. An easy, step-in automatic binding that fits the current generation of the NNN/Rottefella soled XC boots. Binding is adjustable forward (for more grip) and backward (more glide). XC Ski HQ demo rating: ****1/2. Use on and off trail 50/50. List Price: \$60

- 2019 Swix ST102 Trail Poles. Universal basket, sturdy aluminum shaft, and adjustable straps. Sizes: 120cm to 160cm. Use on and off trail 50/50. List price: \$30

One of the best values in recreational skiing: \$259.80 (List price: \$354.99) *Upgrade to the Salomon Escape/Siam 5 boot for a warmer, more comfortable boot with a zippered lace cover: \$14.26

31% OFF Alpina Control 60 No-Wax Ski Package: <mark>\$281.62</mark>

- 2019 Alpina Control 60 NIS No-Wax Skis. Side Cut 60-50-55 mm.Sizes 170 cm (skier weight 90 to 125 lbs), 180 cm (120 to 155 lbs), 190cm (150 to 185 lbs), 200cm (180 to 230+ lbs). The Alpina Control 60 is one of our best selling cross country ski packages, because it is so easy to use. The Alpina Control 60 skis are perfect beginner cross country skis, and are also great for skiers who want a stable, versatile no-wax ski without breaking the budget. They offer great stability in and out of track, and are ready for almost any winter terrain. Positive Multigrip Embossed base delivers easy, reliable kick and nice glide. The Air Channel Poplar Core is durable and responsive. This is a fantastic ski for

the price! Use on and off trail 50/50. XC Ski HQ Demo Rating ***1/2 List: \$200 – **2019 Alpina NNN T5 or T5 Eve Boots.** Euro size 36 (4.5 US lady) to Euro 50 (15 US men). This Sport Touring boot looks great and has features found on boots costing much more, including a reinforced heel counter, Thinsulate insulation, soft collar, and Speed Lacing System. The soft boot flex makes for ideal classic skiing performance, and the lace hooks on the upper offer great ankle support. Use on and off trail 60/40. XC Ski HQ Demo Rating: ***7/8 List: \$100

- 2019 Touring Classic NNN Auto Bindings. An easy, step-in automatic binding that fits the current generation of the NNN / Rottefella soled XC boots. Binding is adjustable forward (for more grip) and backward (more glide). XC Ski HQ demo rating: ****1/2. Use on and off trail 50/50. List Price: \$60

- 2019 Swix ST102 Trail Poles. Universal basket, sturdy aluminum shaft, and adjustable straps. Sizes: 120cm to 160cm. Use on and off trail 50/50. List price: \$30 An easy-to-use, recreational cross country ski package for groomed and un-groomed snow: \$281.62 (List price: \$405.99)

*Upgrade to the Salomon Escape/Siam 5 boot for a warmer, more comfortable boot with a zippered lace cover: \$14.26



29% OFF Salomon Escape 5 Grip Ski Package: \$289.58 - **2019 Salomon Escape 5 Grip No-Wax Skis.** Ski weight = 1320 grams for a 190 cm length. Side cut 51-48-46-49 mm. Sizes 174cm (skier weight 78 to 121 lbs), 182cm (110 to 143 lbs), 190cm (133 – 165 lbs), 198cm (154 – 198 lbs), and 206cm (176 to 248+ lbs). A smooth and steady recreational ski, the Salomon Escape 5 Grip is made for winter fun! The "S Cut" sidecut configuration ensures stability and maneuverability in all skiing phases. The G2 Plus no-wax base offers very good kick and consistent glide, and the ski is a little downsized from a traditional length ski for easy turning and control. Heel-toe camber ensures easy and efficient kick when the ski is compressed by the forefoot, and great glide when compressed with the middle or rear foot. Use on and off trail 70/30. XC Ski HQ demo rating ****. List price: \$179

- 2019 Salomon Escape/Siam 5 ProLink Boots. Sizes: 6 to 13.5 in the men's boot, and 5 to 10 in the women's boot. This warm, comfortable boot has the Salomon Touring fit, a lace cover with central zip, mono-material outsole, over the ankle women's fit and intervent has reinforcement. The Warmar's Sime 5 add www.ga's Site add warmar's Site add warmary's Site add warmar's Site add warmar's Site add warmar's Site add warmary's Site ad

upper, and internal heel reinforcement. The Women's Siam 5 adds women's fit and fleece lining. Our most popular boot for a good reason! Use on and off trail 60/40. XC Ski HQ demo rating ****1/2 List: \$115 4



Call 1.800.832.2663 to order, or shop at CrossCountrySki.com!

– 2019 Salomon ProLink Automatic Bindings. A great, all around, auto step-in classic binding that is compatible with all NNN and ProLink boots. A very popular choice for the recreational skier. Use on and off trail 50/50. XC Ski HQ Demo Rating: ****. List price: \$60

- 2019 Swix ST102 Trail Poles. With universal basket, sturdy aluminum shaft, and adjustable straps. Sizes: 120cm to 160cm. Use on and off trail 50/50. List price: \$30

This Salomon package is one of the best values in outdoor recreation! \$289.58 (List: \$409.99) *Upgrade to the Salomon Escape 7 or Siam 7 boot for a warmer, more comfortable fit, plus better ankle and arch support, and conveniently located side zipper: \$33.20. Upgrade to the Salomon Escape pole for a lighter weight pole with foam grip and padded strap: \$9.10.

26% OFF Sporten Forester Touring No-Wax Ski Package: \$321.66



- 2019 Sporten Forester No-Wax Skis. Side Cut 60-50-55 mm. Sizes 170 cm (skier weight 80 to 125 lbs), 180 cm (120 to 155 lbs), 190cm (150 to 185 lbs), 200cm (180 to 205 lbs), & 210cm (200 lbs and above). The Sporten Forester ski comes with a full steel edge, making it one of the most versatile touring skis available. Now you can fearlessly enjoy the groomed track AND the ungroomed trails on the same skis! The steel edge provides a world of stability and control, and the best ever Posi Grip Base makes it climb hills with ease. The Air Channel Poplar Core is very durable and responsive, and embossed MGE base glides smoothly across the snow. If you want a ski that performs well in virtually all snow conditions and terrains, the Sporten Forester is an excellent option at an exceptional value. Use on and off trail 50/50. XC Ski HQ Demo Rating ****3/4 List price: \$209

- 2019 Alpina NNN T5 or T5 Eve Boots. Euro size 36 (4.5 US lady) to Euro 50 (15 US men). This Sport Touring boot looks great and has features found on boots costing much more, including a reinforced heel counter, Thinsulate insulation, soft collar, and Speed Lacing System. The soft boot flex makes for ideal classic skiing performance, and the lace hooks on the upper offer great ankle support. Use on and off trail 60/40. XC Ski HQ Demo Rating: ***7/8 List: \$100

- 2019 Salomon ProLink Automatic Bindings. A great, all around, auto step-in classic binding that is compatible with all NNN and ProLink boots. A very popular choice for the recreational skier. Use on and off trail 50/50. XC Ski HQ Demo Rating: ****. List price: \$60

- 2019 Alpina ASC ST Snowflake Poles. Pole Sizes: 120cm to 160cm. This durable pole has an aluminum tapered shaft with round powder basket and adjustable strap. For use in and out of groomed trail. XC Ski HQ Demo Rating ****. Use on and off trail (40-60). List price: \$40

The Sporten Forester is a fun, easy to use, go-anywhere-do-anything package at an unbeatable value: \$321.66 (List: \$434.99)

*Upgrade to the Fischer Offtrack 3 boot for a warmer, more comfortable boot with a zippered lace cover and increased ankle support: \$42.71

28% OFF Fischer Adventure 62 No-Wax Ski Package: <mark>\$321.94</mark>

– **2019 Fischer Adventure 62 IFP No-Wax Skis.** Ski weight 1595 grams for 179cm. Side cut (mm) = 62-52-60. Sizes: 169cm (less than 143 lbs), 179cm (143 to 196 lbs), 189cm (176 to 231 lbs), & 199cm (220+ lbs). Like Fischer Spider 62 metal-edged ski, the Adventure 62 is an excellent choice for all around recreation in varying ski conditions. The Adventure 62 ski comes equipped with Fischer's best no-wax base pattern yet, the Offtrack Crown, which gets incredible traction even on steep terrain. Additionally, its shorter length and side cut make it easy to control through turns and tight spots. This ski performs exceedingly well both in- and off-track. Because of this, the Fischer Adventure 62 is one of the IFP plate, which enables tool-less binding adjustment. Use on and off trail 50/50. XC Ski HQ Demo Rating: ****1/2. List price: \$219

- 2019 Alpina NNN T5 or T5 Eve Boots. Euro size 36 (4.5 US women's) to Euro 50 (15 US men's). This Sport Touring boot looks great and has features found on boots costing much more, including a reinforced heel counter, Thinsulate insulation, soft collar, and Speed Lacing System. The soft boot flex makes for ideal classic skiing performance, and the lace hooks on the upper offer great ankle support. Use on and off trail 60/40. XC Ski HQ Demo Rating: ***7/8 List: \$100

- 2019 Turnamic Control Bindings. These automatic step-in bindings, which slide onto a pre-mounted plate, are intuitive and easy to use. Wide binding plate and secure binding attachment allow for maximum power transfer to the skis.

With quick, tool-free adjustment capability, they are easy to adjust forward (for grip) and backward (for glide) for optimal performance, regardless of snow condition or terrain. XC Ski HQ Demo Rating: ****1/2. List Price: \$70

– **2019 Swix ST102 Trail Poles.** With universal basket, sturdy aluminum shaft, and adjustable straps. Sizes: 120cm to 160cm. Use on and off trail 50/50. List price: \$30

The Fischer Adventure 62 package is ready for your winter adventure! \$321.94 (List Price: \$444.99) *Upgrade to the Fischer Offtrack 3 boot for a warmer, more comfortable boot with a zippered lace cover and increased ankle support: \$42.7155

26% OFF Rossignol Evo XC 50 Action No-Wax Ski Package: \$342.77



- 2019 Rossignol Evo XC 50 Action IFP Skis. Ski weight = 1340 grams for size 176 cm. Side cut 51-47-49 mm. Sizes 166cm (skier weight 80 to 125 lbs), 176cm (120 to 155 lbs), 186cm (150 to 186 lbs), 196cm (180 to 230+ lbs). The Rossignol Evo XC 50 Action skis glide almost effortlessly in most snow conditions because of their soft tips. Due to their sophisticated base with Positrack grip pattern, they are a solid step up in performance from our baseline cross country skis. The Active Cap, wood core construction, and mid-length design give these skis great glide, responsiveness, and control. These skis are similar to the Rossignol Evo XC 60 Tours, but narrower for better in-track performance. Seasoned skiers love the Evo XC 50 Actions because of their fantastic glide and stability. Use on and off trail 70/30. XC Ski HQ Demo Rating ****1/2 List \$220

- 2019 Salomon Escape/Siam 5 ProLink Boots. Sizes: 6 to 13.5 in the men's boot, and 5 to 10 in the women's boot. This warm, comfortable boot is our best selling boot because of the famously comfortable Salomon Touring fit. They also have a lace cover with central zip, mono-material outsole, over the ankle upper, and internal heel reinforcement. The Women's Siam 5 adds women's fit and fleece lining. Use on and off trail 60/40. XC Ski HQ demo rating ****1/2 List: \$115

- 2019 Turnamic Control Bindings. These automatic step-in bindings, which slide onto a pre-mounted plate, are intuitive and easy to use. Wide binding plate and secure binding attachment allow for maximum power transfer to the skis. With quick, tool-free adjustment capability, they are easy to adjust forward (for grip) and backward (for glide) for optimal performance, regardless of snow condition or terrain. XC Ski HQ Demo Rating: ****1/2. List Price: \$70

- 2019 Swix ST102 Trail Poles. Features a universal basket, sturdy aluminum shaft, and adjustable straps. Sizes: 120cm to 160cm. Use on and off trail 50/50. List price: \$30

One of the best performing recreational ski packages money can buy! \$342.77 (List: \$460.99) *Upgrade to the Salomon Escape 7 or Siam 7 ProLink boot for a warmer boot with more cushion, arch support, and ankle support, plus convenient size zippered lace cover: \$33.20. Upgrade to the lighter-weight Escape or Siam pole, which has more comfortable foam grips and wide, padded straps: \$9.10

26% OFF Rossignol Evo XC 60 Tour No-Wax Ski Package: <mark>\$349.50</mark>

– **2019 Rossignol Evo XC 60 Tour IFP No-Wax Skis.** Ski weight 1360 grams for size 176cm. Side cut 60-50-55 mm. Sizes 166cm (skier weight 80 lbs to 125 lbs), 176cm (120 to 155 lbs), 186cm (150 to 186 lbs), and 196cm (180 to 230+lbs). The Rossignol Evo XC Tour is our best selling cross country ski because it is light, gets great glide, and is very versatile. Their soft tips provide almost effortless glide in different snow conditions. Additionally, the time-tested Positrack grip pattern gets great traction. Due to the Active Cap, wood core construction, and mid-length design, the Evo XC 60's are responsive, stable, and easy to control. The Evo XC 60 Tours are ideal for downhill crossover skiers, or anyone who thinks nordic skiing is too much work! Use on and off trail 50/50. XC Ski HQ Demo Rating ****3/4 List \$230

- 2019 Salomon Escape/Siam 5 ProLink Boots. Sizes: 6 to 13.5 in the men's boot, and 5 to 10 in the women's boot. This warm, comfortable boot is our best selling boot because of the famously comfortable Salomon Touring fit. They also have a lace cover with central zip, mono-material outsole, over the ankle upper, and internal heel reinforcement. The Women's Siam 5 adds women's fit and fleece lining. Use on and off trail 60/40. XC Ski HQ demo rating ****1/2 List: \$115
 - 2019 Turnamic Control Bindings. These automatic step-in bindings, which slide onto a pre-mounted plate, are intuitive and easy to use. Wide binding plate and secure binding attachment allow for maximum power transfer to the skis. With quick, tool-free adjustment capability, they are easy to adjust forward (for



grip) and backward (for glide) for optimal performance, regardless of snow condition or terrain. XC Ski HQ Demo Rating: ****1/2. List Price: \$70

- 2019 Swix ST102 Trail Poles. Features a universal basket, sturdy aluminum shaft, and adjustable straps. Sizes: 120cm to 160cm. Use on and off trail 50/50. List price: \$30

The Evo XC 60 Tour package has it all: ease of use, excellent performance, and a great value. **\$349.50** (List price: \$470.99)

*Upgrade to the Salomon Escape 7 or Siam 7 ProLink boot for a warmer boot with more cushion, arch support, and ankle support, plus convenient size zippered lace cover: \$33.20. Upgrade to the lighter-weight Escape or Siam pole, which has more comfortable foam grips and wide, padded straps: \$9.10

33% OFF Rossignol R-Skin Evolution No-Wax Ski Package: \$361.45

- 2019 Rossignol R-Skin Evolution No-Wax IFP Skis. Ski weight = 1340 grams for size 176 cm. Side cut 51-47-49 mm. Sizes 166cm (skier weight 80 to 125 lbs), 176cm (120 to 155 lbs), 186cm (150 to 186 lbs), 196cm (180 to 230+ lbs). New from Rossignol this year is the R-Skin Evolution, a recreational touring ski with a synthetic mohair no-wax grip zone. These skis glide exceptionally well due to the skin's shorter grip zone and decrease in drag. The Rossignol R-Skin Evolutions offer enhanced glide performance due to their soft tips, and also don't make the "buzzing" sound of a traditional no-wax ski. For grip, the Teflon-infused skin material resists ice build up, and provides reliable, precise kick and climbing ability. The Active Cap, wood core construction, and mid-length design make the R-Skin Evolutions extra responsive and easy to control. These skis are similar to the Rossignol Evo XC 50 Action skis, but with a synthetic mohair skin base rather than a traditional no-wax pattern, plus better gliding base material. Skiers looking for skin performance in a recreational ski will love the Rossignol R-Skin Evolutions! Use on and off trail 70/30. XC Ski HO Demo Rating ****1/2 List \$290

Call 1.800.832.2663 to order, or shop at CrossCountrySki.com!



- 2019 Salomon Escape/Siam 5 ProLink Boots. Sizes: 6 to 13.5 in the men's boot, and 5 to 10 in the women's boot. This warm, comfortable boot is our best selling boot because of the famously comfortable Salomon Touring fit. They also have a lace cover with central zip, mono-material outsole, over the ankle upper, and internal heel reinforcement. The Women's Siam 5 adds women's fit and fleece lining. Use on and off trail 60/40. XC Ski HQ demo rating ****1/2 List: \$115

 - 2019 Turnamic Control Step-In Bindings. These automatic step-in bindings, which slide onto a pre-mounted plate, are intuitive and easy to use. Wide binding plate and secure binding attachment allow for maximum power transfer to the skis. With quick, tool-free adjustment capability, they are easy to adjust forward (for grip) and backward (for glide) for optimal performance, regardless of snow condition or terrain. XC Ski HQ Demo Rating: ****1/2. List Price: \$70

 - 2019 Alpina ST Poles. Sizes 120cm to 160cm. This pole features a lightweight, durable, tapered aluminum shaft, plus easy adjustment wide loop strap and steel tip. XC Ski HQ Demo Rating ****. Use on and off trail (60-40) List price: \$40

High-performance skin technology in a recreational ski package: \$361.45 (List price: \$540.99)

*Upgrade to the Salomon Escape 7 or Siam 7 ProLink boot for a warmer boot with more cushion, arch support, and ankle support, plus convenient size zippered lace cover: \$33.20. Upgrade to the lighter-weight Escape or Siam pole for more comfortable foam grips and wide, padded straps: \$9.10

27% OFF Fischer Spider 62 Touring Ski Package: <mark>\$379.50</mark>

- 2019 Fischer Spider 62 Back Country Skis. Ski weight = 1790 grams for 179cm. Side Cut 62-52-60mm. Mid length Sizes 169cm (less than 143 lbs), 179cm (143 to 196 lbs), 189cm (176 to 231 lbs), & 199cm (220+ lbs). The Fischer Spider 62 is one of our best-selling and most favorite skis of all time! The full length micro metal edge and shorter-than-most mid-length sizing on the Spider 62 makes for excellent control and stability, and the glide is unbelievably good. This no-wax base climbs better than any no-wax base that Fischer ever put on a metal edged ski (it is a positive molded base with many variations of the depth of the pattern). This ski is narrower than most mid-length full metal edge back country skis, which contributes to the great glide and also makes it work well on groomed trails. Add the lighter Air Tec Core construction, generous side cut and ultra finished stone ground Sintec base, and you get stability, easy turning, and great glide with very little effort! Use on and off trail: 40-60. XC Ski HQ Demo Rating: ***** List: \$269

- 2019 Salomon Escape/Siam 5 ProLink Boots. Sizes: 6 to 13.5 in the men's boot, and 5 to 10 in the women's boot. This warm, comfortable boot is our best selling boot because of the famously comfortable Salomon Touring fit. They also have a lace cover with central zip, mono-material outsole, over the ankle upper, and internal heel reinforcement. The Women's Siam 5 adds women's fit and fleece lining. Use on and off trail 60/40. XC Ski HQ demo rating ****1/2 List: \$115



 - 2019 Turnamic Control Bindings. These automatic step-in bindings, which slide onto a pre-mounted plate, are intuitive and easy to use. Wide binding plate and secure binding attachment allow for maximum power transfer to the skis. With quick, tool-free adjustment capability, they are easy to adjust forward (for grip) and backward (for glide) for optimal performance, regardless of snow condition or terrain. XC Ski HQ Demo Rating: ****1/2. List Price: \$70

- 2019 Alpina ASC ST Snowflake Poles. Pole Sizes: 120cm to 160cm. This durable pole has an aluminum tapered shaft with round powder basket and adjustable strap. For use in and out of groomed trail. XC Ski HQ Demo Rating ****. Use on and off trail (40-60). List price: \$40

One of the most stable, best gliding, all-terrain ski packages available: \$379.50 (List: \$519.99) * Upgrade to the Fischer Offtrack 3 boot for a warmer, more comfortable boot with a zippered lace cover and increased ankle support: \$28.45. Upgrade to the Alpina ASC XT pole for a wide padded strap and comfortable rubber/cork grip: \$9.10

ligh Performance No-Wax Ski Packages

All packages include complimentary binding installation & base prep (\$20), Ski Bones (5.99) for base protection, and free shipping to lower 48!

29% OFF Atomic Pro C1 Skintec No-Wax Ski Package: \$267.41 - 2019 Atomic Pro C1 Skintec No-Wax Skis. Side cut 47-47-47 mm. Lengths: 181cm (skier weight 121-143 lbs), 188cm (121 to 154 lbs), 195cm (132 to 165lbs), 202cm (154 to 187 lbs), 209cm (176 to 209 lbs), & 209cm X-Stiff (198 to 242+ lbs). Skin skis like the Atomic Pro C1 Skintec are gaining popularity all across the board, from high-end race skis to recreational touring skis, and everywhere in between. The Atomic Pro C1 Skintec gives skiers the great glide of a well-waxed waxable ski, and instead of grip wax, the ski features a Teflon-infused mohair grip zone. This skin grip provides precise, ice-free kick that is consistent in a wide range of snow conditions. Plus, there's no "buzzing" noise like you get with the traditional style grip pattern. The Atomic Pro C1 Skintec comes with the BL 1500 base and High Densolite SDS Integral core, giving the skis a fun but controllable amount of glide. These skis are a tremendous value for avid recreational and/or fitness skiers who ski mostly in machine groomed tracks, and who want to experience the benefits of skintec technology without breaking the bank. Use on and off trail 80/20. XC Ski HQ Demo Rating ****1/2 List \$145



Call 1.800.832.2663 to order, or shop at CrossCountrySki.com! – 2019 Salomon Escape/Siam 5 ProLink Boots. Sizes: 6 to 13.5 in the men's boot, and 5 to 10 in the women's boot. This warm, comfortable boot is our best selling boot because of the famously comfortable Salomon Touring fit. They also have a lace cover with central zip, mono-material outsole, over the ankle upper, and internal heel reinforcement. The Women's Siam 5 adds women's fit and fleece lining. Use on and off trail 60/40. XC Ski HQ demo rating ****1/2 List: \$115

- 2019 Touring Classic NNN Auto Bindings. An easy, step-in automatic binding that fits the current generation of the NNN & ProLink soled XC boots. Durable and easy to use. Binding is adjustable forward (for more grip) and backward (more glide). XC Ski HQ demo rating: ****1/2. Use on and off trail 50/50. List Price: \$60

- 2019 Swix ST102 Trail Poles. Universal baskets, sturdy aluminum shaft, and adjustable straps. Sizes: 120cm to 160cm. Use on and off trail 50/50. List price: \$30

The Atomic Pro C1 Skintec package is perfect for fun in the tracks! **\$267.41** (List price: \$375.99) *Upgrades: Salomon Escape 7 or Siam 7 boots for a warmer, more comfortable fit, plus better ankle and arch support, and conveniently located side zipper: \$33.20. Salomon Escape poles for a lighter weight pole with foam grip and padded strap: \$9.10.

27% OFF Atomic Pro C2 Skintec No-Wax Ski Package: \$314.03



- 2019 Atomic Pro C2 Skintec No-Wax Skis. Side cut 45-45-45 mm. 181cm Ladies (skier weight 110 to 132 lbs). 181cm (skier weight 121-143 lbs), 188cm (121 to 154 lbs), 195cm (132 to 165lbs), 202cm (154 to 187 lbs), 209cm (176 to 209 lbs), & 209cm X-Stiff (198 to 242+ lbs). Skin skis like these are gaining popularity, and for good reason! The Atomic Pro C2 Skintec gives skiers the superb glide of a well-waxed waxable ski, but without the hassle of grip wax. The Teflon-infused mohair grip portion provides precise, ice-free grip, that is consistent in a wide range of snow conditions. Plus, there's no "buzzing" noise like that of a traditional no-wax ski. BL 4000 base and Race Grind provide excellent glide, and Ultra High Densolite core makes them light, stable and durable. These skis are a great value for avid recreational or fitness skiers who ski mostly in machine groomed tracks, and who want a fast, fun classic ski without the hassle of waxing. Use on and off trail 80/20. XC Ski HQ Demo Rating ****1/2 List \$170

- 2019 Salomon Escape/Siam 5 ProLink Boots. Sizes: 6 to 13.5 in the men's boot, and 5 to 10 in the women's boot. This warm, comfortable boot is our best selling boot because of the famously comfortable Salomon Touring fit. They also have a lace cover with central zip, mono-material outsole, over the ankle upper, and internal heel reinforcement. The Women's Siam 5 adds women's fit and fleece lining. Use on and off trail 60/40. XC Ski HQ demo rating ****1/2 List: \$115

- Rottefella Performance Classic NIS Bindings. These manual bindings have a wide platform, allowing for optimal power transfer and control. They are also adjustable, and can be moved forward or back for different snow conditions! XC Ski HQ demo rating: ****1/2. Use on and off trail 80/20. List Price: \$80 - 2019 Alpina ST Poles. Sizes 120cm to 160cm. This pole features a lightweight, durable, tapered aluminum shaft, plus easy adjustment wide loop strap and steel tip. Great for classic skiing. XC Ski HQ Demo Rating ****. Use on and off trail (60-40) List price: \$40

The Atomic Pro C2 Skintec package is sporty and ready for fun on the tracks! \$314.03 (List : \$430.99) *Upgrades: Rossignol X6 Combi boots for more ankle support, speed lacing, race fit, and skate compatibility:\$66.45. Swix Race Light X-Fit poles with racing basket, and wrap-around style strap: \$18.16

30% OFF Atomic Mover Skintec No-Wax Ski Package: \$333.51

- 2019 Atomic Mover Skintec No-Wax Skis. Side cut 51-46-48 mm. Sizes 174cm (skier weight 110 to 143 lbs), 184cm (121 to 154 lbs), 194cm (154 to 187 lbs), 194cm X-Stiff (176 to 209 lbs), 204cm (176 to 209 lbs), & 204cm X-Stiff (198 to 254+ lbs). The Atomic Mover Skintec offers the advantages of skin technology in a performance recreational ski! Skintec technology was originally designed for high performance no-wax race skis. Because of the Teflon-infused mohair grip portion, they provide precise, ice-free grip, similar to that of a well-waxed waxable ski, and without the "buzzing" sound of a traditional no-wax base. Because of the 3000BL base and High Densolite core, the Mover Skintec is highly responsive and glides very well. Side cut and mid-length construction make them easy to maneuver and turn on the downhills. We are very excited to see high performance recreational skin skis like the Atmoic Mover Skintecs! Use on and off trail 70/30. XC Ski HQ Demo Rating ****1/4 List \$230

 - 2019 Salomon Escape/Siam 5 ProLink Boots. Sizes: 6 to 13.5 in the men's boot, and 5 to 10 in the women's boot. This warm, comfortable boot is our best selling boot because of the famously comfortable Salomon Touring fit. They also have a lace cover with central zip, mono-material outsole, over the ankle upper, and internal heel reinforcement. The Women's Siam 5 adds women's fit and fleece lining. Use on and off trail 60/40. XC Ski HQ demo rating ****1/2 List: \$115

- 2019 Touring Classic NNN Auto Bindings. An easy, step-in automatic binding that fits the current generation of the NNN / ProLink soled XC boots. Durable and easy to use. Binding is adjustable forward (for more grip) and backward (more glide). XC Ski HQ demo rating: ****1/2. Use on and off trail 50/50. List Price: \$60 - 2019 Salomon Escape Composite Poles. Sizes 120cm to 160cm. Features a universal basket, lightweight composite shaft, comfy foam grips, and adjustable padded straps. Use on and off trail 50/50. Demo Rating: ****3/4. List Price: \$45 Skin technology in a stable, user-friendly ski: \$333.51 (List: \$475.99)

*Upgrade to the Salomon Escape 7 or Siam 7 Prolink boot for a warmer, more comfortable fit, plus better ankle and arch support, and conveniently located side zipper:\$33.20



Package prices include binding installation & base prep (\$20), Ski Bones (5.99) for base protection and free shipping to lower 48!

33% OFF Salomon Aero 9 Skin Ski Package: \$361.45

– 2019 Salomon Aero 9 Skin No-Wax Skis. Side Cut 48-46-44-46 mm. Ski weight: 1300 grams for 198cm ski. Sizes: 182cm (110-143lbs), 190cm (132-165lbs), 198cm (154-187 lbs), and 206cm (176-209 lbs), and 206cm Extra Stiff (198+ lbs). The Salomon Aero 9 Skin skis are made with innovative SkinGrip+ no-wax base technology, which uses Teflon-infused mohair in the grip zone, and is engineered to give skiers the ideal balance of easy, precise grip and generous glide. The G4 Zeolit base is a racing caliber base with very good glide wax retention qualities. Combine that with a World Cup Universal Grind and you've got a great gliding ski in almost every snow temperature. S-Cut shape provides great control and maneuverability in the tracks, on hills, and around turns. Other features include the lightweight and responsive Densolite 3000 core, and D2FC Digital Dynamic Flex Control ski construction for optimal flex, camber, and ski pairing. This is a high performance recreational or fitness ski, ideal for those who want a fun, sporty, and low-maintenance ski. On-off trail 80-20. XC Ski HQ Demo Rating ****3/4. List: \$290



- 2019 Salomon Escape/Siam 5 ProLink Boots. Men's boot sizes: 6-13.5. Women's boots sizes: 5-10. This warm, comfortable boot is our best selling boot

because of the famously comfortable Salomon Touring fit. They also have a lace cover with central zip, mono-material outsole, over the ankle upper, and internal heel reinforcement. The Women's Siam 5 adds women's fit and fleece lining. Use on and off trail 60/40. XC Ski HQ demo rating ****1/2 List: \$115

- 2019 Rottefella Touring Classic NIS Auto Bindings. An easy, step-in automatic binding that fits the current generation of the NNN/ProLink soled boots. Durable and easy to use, these bindings are adjustable, and can be moved forward for more grip, or back for more glide. XC Ski HQ demo rating: ****. Use on and off trail 50/50. List Price: \$65

- 2019 Alpina ST Poles. Sizes 120cm to 160cm. This pole features a lightweight, durable, tapered aluminum shaft, plus easy adjustment wide loop strap and steel tip. Great for classic skiing. XC Ski HQ Demo Rating ****. Use on and off trail (60-40) List price: \$40

Perfect for skiers who want a great performing, low-maintenance package: \$361.45 (List: \$540.99) *Upgrade to the Salomon Escape/Siam 7 Pro Link boot for a warmer boot with more cushion, better ankle and arch support, and conveniently located side zipper for the lace cover: \$33.20. Upgrade to the lightweight, carbon composite Salomon Equipe 20 pole with adjustable wrap-around straps: \$18.16

27% OFF Fischer Superlite Crown Ski Package: \$408.95 - **2019 Fischer Superlite Crown EF No-Wax Skis.** Ski weight = 1260 grams for size 194cm. Side cut 48-44-46 mm. Sizes 179cm (skier weight less than 130 lbs), 184cm (121-152lbs), 189cm (130-163 lbs), 194cm (152-185 lbs), 199cm (163-196 lbs), 204cm (185-220 lbs), 204cm extra stiff (220+ lbs). The Fischer Superlite Crown skis are so fun and easy to use, they sell out almost every year. Fischer's Vario Crown "Grip Meets Glide" pattern combines the proven Single Crown and Double Crown grip sections with the Gliding Crown, with rounded profile for maximum ease when gliding. This, plus the Efficient Forward (EF) construction, which adds elasticity to the body of the ski, means almost effortless kick on both hills and flats, and wonderful glide. Fischer's Air Core Basalite core makes the Superlites very lightweight and consistent across snow conditions, and WC Pro base gives them a ridiculously long and smooth glide phase. These skis offer such a fun and easy-going kick-and-glide experience, that they create many cross country skiing addicts year after year! Use on and off trail 80/20. XC Ski HQ Demo rating



****3/4 List price: \$299
- 2019 Salomon Escape/Siam 5 ProLink Boots. Men's boot sizes: 6-13.5.
Women's boots sizes: 5-10. This warm, comfortable boot is our best selling boot because of the famously comfortable Salomon Touring fit. They also have a lace cover with central zip, mono-material outsole, over the ankle upper, and internal heel reinforcement. The Women's Siam 5 adds women's fit and fleece

lining. Use on and off trail 60/40. XC Ski HQ demo rating ****1/2 List: \$115 – 2019 Turnamic Control Step-In Bindings. These automatic step-in bindings, which slide onto a pre-mounted plate, are intuitive and easy to use. Wide binding plate and secure binding attachment allow for maximum power transfer to the skis. With quick, tool-free adjustment capability, they are easy to adjust forward (for grip) and backward (for glide) for optimal performance, regardless of snow condition or terrain. XC Ski HQ Demo Rating: ****1/2. List Price: \$70

- 2019 Alpina ST Poles. Sizes 120cm to 160cm. This pole features a lightweight, durable, tapered aluminum shaft, plus easy adjustment wide loop strap and steel tip. Great for classic skiing. XC Ski HQ Demo Rating ****. Use on and off trail (60-40) List price: \$40

The Fischer Superlite Crown is the top performer in its category: \$408.95 (List price: \$549.99) Upgrade to the Salomon Escape/Siam 7 Pro Link boot for a warmer boot with more cushion, better ankle and arch support, and conveniently located side zipper for the lace cover: \$33.20. Upgrade to the Swix Race Light X-Fit poles with tapered aluminum shaft, racing basket, and wrap-around style strap: \$18.16.

26% OFF Fischer Twin Skin Superlite No-Wax Ski Package: \$427.95 - **2019 Fischer Twin Skin Superlite No-Wax Skis.** Ski weight = 1260 grams for size 194cm. Side cut 48-44-46 mm. Sizes 179cm (skier weight under 130 lbs), 184cm (121-152 lbs), 189cm (130-163 lbs), 194cm (152-185 lbs), 199cm (163 -196 lbs), 204cm (185-220 lbs), 204cm extra stiff (220+ lbs). The Fischer Twin Skin Superlite skis replace the Twin Skin X-Lites from last season, updated with the Turnamic IFP plate for tool-less binding adjustability! These lightweight Fischer skis combine the easy

power transfer of the Efficient Forward construction with the secure grip of the Twin Skin. This

Call 1.800.832.2663 to order, or shop at CrossCountrySki.com!



makes for an incredibly fun ski that grips and climbs exceedingly well, and glides similar to a waxable ski. Fisher's Efficient Forward (EF) ski construction adds elasticity to the body of the ski. This means better kick with less effort – something every skier can appreciate! Twin Skin technology uses a durable, 70% Mohair skin blend in place of their crown no-wax kick pattern, which provides reliable grip, less noise, and no ice build-up. What makes the Twin Skin different from other "skin" technology is the dual, staggered skin strips on the ski base. This staggered design causes less initial friction with the snow, and creates a smoother glide phase. Fischer's Air Core Basalite core makes the Superlights very lightweight and consistent, and WC Pro base glides easily no matter the snow conditions. These skis debuted last year and were a huge hit! Use on and off trail 80/20. XC Ski HQ Demo rating ****3/4 List price: \$325

– **2019 Salomon Escape/Siam 5 ProLink Boots.** Men's boot sizes: 6-13.5. Women's boots sizes: 5-10. This warm, comfortable boot is our best selling boot because of the famously comfortable Salomon Touring fit. They also have a lace cover with central zip, mono-material outsole, over the ankle upper, and internal heel reinforcement. The Women's Siam 5 adds women's fit and fleece lining. Use on and off trail 60/40. XC Ski HQ demo rating ****1/2 List: \$115

– **2019 Turnamic Control Bindings.** These automatic step-in bindings, which slide onto a premounted plate, are intuitive and easy to use. Wide binding plate and secure binding attachment allow for maximum power transfer to the skis. With quick, tool-free adjustment capability, they are easy to adjust forward (for grip) and backward (for glide) for optimal performance, regardless of snow condition or terrain. XC Ski HQ Demo Rating: ****1/2. List Price: \$70

- 2019 Alpina ST Poles. Sizes 120cm to 160cm. This pole features a lightweight, durable, tapered aluminum shaft, plus easy adjustment wide loop strap and steel tip. Great for classic skiing. XC Ski HQ Demo Rating ****. Use on and off trail (60-40) List price: \$40

An ultra-fun package featuring the industry's best skin technology: \$427.95 (List: \$575.99) Upgrade to the Salomon Escape/Siam 7 Pro Link boot for a warmer boot with more cushion, better ankle and arch support, and conveniently located side zipper for the lace cover: \$33.20. Upgrade to the Swix Race Light X-Fit poles with tapered aluminum shaft, racing basket, and wrap-around style strap: \$18.16.

25% OFF Fischer Twin Skin Carbon Ski Package: <mark>\$724.59</mark>

- 2019 Fischer Twin Skin Carbon No-Wax Skis. Ski weight = 1080 grams for size 197cm. Side cut 41-44-44 mm. Sizes 187cm, 192cm, 197cm, 202cm, and 207cm, in Soft, Medium and Stiff flexes. We will select the appropriate ski length and flex based on skier height, weight, and experience level. The Fischer Twin Skin Carbon made its debut last year, and knocked it out of the park as the fastest and lightest-weight skin ski on the market. This Fischer ski combines revolutionary Twin Skin technology with top-end features that Fischer is known for, such as carbon fiber tip and Aircore Carbon core for incredibly lightweight, responsive, and consistent ski feel. What makes the Twin Skin different from other "skin" technologies is the dual, staggered skins on the ski base. The skin's staggered placement, reduced leading profile, and variable depth channels create less initial friction with the snow and a very smooth glide phase. Teflon coating ensures low moisture and therefore no ice build-up. These skis shine in all ski conditions, and especially in icy hard-pack. Fischer's World Cup Plus base is Fischer's fastest and most versatile base. Power Edge ensures uniform wax wear and ski durability. This ski will continue to be a game changer in classic racing and high-end recreation! Use on and off trail 95/05. XC Ski HQ Demo rating ***** List price: \$575

- 2018 Salomon Equipe 9 ProLink Boots. Sizes Women's 6 to Men's 13.5. These performance classic boots are comfortable and streamlined, making them ideal for racing and fitness skiing. What gives these boots an edge when compared to other boots in this category is the adjustable heel strap. Say goodbye to heel slip, and enjoy a precise, perfectly fitting boot. Quicklace lacing system makes them a breeze to tighten and loosen, and the lace cover's conveniently located side zipper is easy to use and keeps feet protected from snow. Thinsulate insulation adds warmth without the weight, making these boots a favorite even in very cold temps. ProLink sole is NNN and Turnamic/IFP compatible. Salomon's Custom Fit makes these the most comfortable boots in the sport race category. List price: \$205

- 2019 Turnamic Race Classic Bindings. These lightweight bindings, which slide onto a pre-mounted plate, are intuitive and easy to use. Wide binding plate and secure binding attachment allow for maximum power transfer to the skis. With quick, tool-free adjustment capability, they are easy to adjust forward and back for optimal performance, regardless of snow condition or terrain. No grip? No problem, simply move the binding forward. Not enough glide? Just slide the binding back. This is binding technology at its finest. XC Ski HQ Demo Rating: ****1/2. List: \$85

– 2018 Swix RC Pro Poles. Lengths 135cm – 175cm. These performance composite poles are 50% carbon, making them lightweight and strong. Featuring a comfy PC handle and adjustable Pro-Fit strap, and a large 97 basket for great in-track performance. A great pole for fitness skiing and racing. XC Ski HQ Demo rating: ****1/4. List price: \$75

The Fischer Twin Skin Race is a proven winner, and one of the fastest skin skis on the market: \$724.59 (List price: \$965.99)

Upgrade to the Fischer Carbonlite Classic boots for extremely lightweight race performance: \$122.60. Upgrade to the Fischer Turnamic Pro Classic bindings for a lighter weight, manual binding: \$18. Upgrade to the Salomon Equipe 60 poles for a 60% carbon composite shaft and auick-release wran-around stran: \$13.65.



All packages include complimentary binding installation & base prep (\$20), Ski Bones (5.99) for base protection, and free shipping to lower 48!

20% OFF Fischer Twin Skin Speedmax Ski Package: <mark>\$1013.41</mark>



 - 2019 Fischer Twin Skin Speedmax Skis. Ski weight = 1030 grams for size 197cm. Side cut 41-44-44 mm. Sizes 187cm, 192cm, 197cm, 202cm , and 207cm, in Soft, Medium and Stiff flexes. We will select the appropriate ski length and flex based on skier height, weight, and experience level. After Fischer's highly successful debut of the Twin Skin Carbon last year, they have once again raised the bar with the lighter, faster Fischer Twin Skin Speedmax. This Fischer ski redefines no-wax ski performance, and offers users the best of both worlds: maximum kick and glide performance AND minimal maintenance. Combining revolutionary Twin Skin technology with top-end features that Fischer is known for, such as carbon fiber tip and Aircore Carbon core, makes for incredibly lightweight, responsive, and consistent ski feel. The skin's staggered placement, reduced leading profile, and variable depth channels create less initial friction with the snow and a very smooth glide phase. Teflon coating ensures low moisture and therefore no ice build-up. These skis shine in all ski conditions, and especially in icy hard-pack. Fischer's World Cup Plus base is Fischer's fastest and most versatile base. Power Edge ensures uniform wax wear and ski durability. An unprecedented level of skin performance has been achieved with the much anticipated

Twin Skin Speedmax! Use on and off trail 95/05. XC Ski HQ Demo rating ***** List price: \$800 – Salomon Equipe 9 ProLink Boots. Sizes Women's 6 to Men's 13.5. These performance classic boots are comfortable and streamlined, making them ideal for racing and fitness skiing. What gives these boots an edge is the adjustable heel strap. Say goodbye to heel slip, and enjoy a precise, perfectly fitting boot. Quicklace lacing system makes them a breeze to tighten and loosen, and Thinsulate insulation adds warmth without the weight, making these boots a favorite even in very cold temps. ProLink sole is NNN and Turnamic/IFP compatible. Salomon's Custom Fit makes these the most comfortable boots in the sport race category. List price: \$205

- 2019 Turnamic Race Pro Classic Bindings. These lightweight bindings, which slide onto a premounted plate, are intuitive and easy to use. Wide binding plate and secure binding attachment allow for maximum power transfer to the skis. With quick, tool-free adjustment capability, they are easy to adjust forward and back for optimal performance, regardless of snow condition or terrain. No grip? No problem, simply move the binding forward! Not enough glide? Just slide the binding back. The Race Pro Classic is a step up from the Race Classic due to its lighter weight, and also because the connection to the boot is a bit closer to the ski, which provides a closer and more accurate ski feel. This is binding technology at its finest! XC Ski HQ Demo Rating: ****1/2. List Price: \$115

- 2019 Swix Quantum Four Poles. Size 135cm – 180cm. Weight for 155cm pole: 192 grams (shaft weight: 82 grams per meter). The Swix Quantum Four is a new carbon composite pole from Swix with high stiffness and durability. This pole comes with a PCU handle with cork-filled thermoplastic grip, and the new Profit 3D strap. Large 97 TBS baskets make them a great performer for universal groomed trail conditions. Stiffness: 32mm. Strength: > 75 kp. XC Ski HQ Demo Rating: ***** List price: \$120

The Fischer Twin Skin Speedmax is changing the game in classic racing: \$1013.41 (List: \$1265.99) Upgrade to the Fischer Carbonlite Classic boots for extremely lightweight race performance: \$122.60. Upgrade to the 100% carbon Swix Team Special poles for ultra lightweight race performance and durability: \$50.

Waxable Classic Ski Packages

27% OFF 2019 Rossignol Zymax Classic Wax Ski Package: \$360.05

– 2019 Rossignol Zymax Classic Waxable Skis. Side Cut: 44-44-44-40mm. Ski weight: 1260g per pair (size 196cm). Sizes 176cm, 186cm, 196cm, 201cm, and 206cm. We will select appropriate size based on skier height, weight, and ability level to ensure optimum performance. The Rossignol Zymax Classic Wax is a perfect classic waxable ski for high school and citizen racers, and fitness skiers. Racing profile and K7000 base provide great glide, while softer tip and tail, plus a thinner core profile offer easy and precise kick. Built with LDC Premium construction, these skis are very durable and long-lasting. Great for primarily in-track use, these skis are perfect for exploring groomed trails with speed and ease, and are easy to enjoy by just about anybody! XC Ski HQ Demo Rating: ****1/4. List Price: \$230

- 2019 Salomon Escape / Siam 5 ProLink Boots. Men's boot sizes: 6-13.5. Women's boots sizes: 5-10. This warm, comfortable boot is our best selling boot because of the famously comfortable Salomon Touring fit. They also have a lace cover with central zip, mono-material outsole, over-the-ankle upper, and internal heel reinforcement. The Women's Siam 5 adds women's fit and fleece

lining. Use on and off trail 60/40. XC Ski HQ demo rating ****1/2 List: \$115 – 2019 Turnamic Race Classic Bindings. These lightweight bindings, which slide onto a pre-mounted plate, are intuitive and easy to use. Wide binding plate and secure binding attachment allow for maximum power transfer to the skis. With quick, tool-free adjustment capability, they are easy to adjust forward and back for optimal performance, regardless of snow condition or terrain. No grip? No problem, simply move the binding forward! Not enough glide? Just slide the binding back. This is binding technology at its finest. XC Ski HQ Demo Rating: ****1/2. List Price: \$85

- 2019 Alpina ST Poles. Sizes 120cm to 160cm. Featuring a lightweight, durable, tapered aluminum shaft, plus easy adjustment wide loop strap and steel tip. Great for classic skiing. XC Ski HQ Demo Rating ****. Use on and off trail (60-40) List price: \$40

The Rossignol Zymax Classic Wax Package is a great value for in-track, waxable ski performance: \$369.61 (List: \$495.99)

Upgrade to the Rossignol X6 combi boot more ankle support, a race fit, and speed-lacing. Boot also works for skate skiing: \$66.45. Upgrade to the Swix Race Light X-Fit poles with tapered aluminum shaft, racing basket, and wran-around style stran. \$18,16



Call 1.800.832.2663 to order, or shop at CrossCountrySki.com!

27% OFF Fischer Superlite Wax EF Ski Package: \$399.45



- 2018 Fischer Superlite Wax EF Skis. Ski weight = 1260 grams for size 194cm. Side cut 48-44-46 mm. Sizes 179cm (skier weight 89 to 130 lbs), 184cm (121 to 152 lbs), 189cm (130 to 163 lbs), 194cm (152 to 185 lbs), 199cm (163 to 196 lbs), and 204cm (185 to 220+ lbs). The Fischer Superlite Wax skis are so much fun, it's no wonder they're our best selling waxable ski. Fischer's proven Efficient Forward (EF) ski construction adds elasticity to the body of the ski, which means almost effortless kick on both hills and flats, and wonderful glide. Fischer's Air Core Basalite core makes the Superlite very lightweight and consistent across snow conditions, and World Cup Pro base gives them a long and smooth glide phase. These Fischer skis are a favorite among recreational fitness skiers who want to see how fun a waxable ski can be! Use on and off trail 80/20. XC Ski HQ Demo rating ****3/4 List price: \$299

- 2019 Salomon Escape/Siam 5 ProLink Boots. Men's boot sizes: 6-13.5.
 Women's boots sizes: 5-10. This warm, comfortable boot is our best selling boot because of the famously comfortable Salomon Touring fit. They also have a lace cover with central zip, mono-material outsole, over the ankle upper, and internal heel reinforcement. The Women's Siam 5 adds women's fit and fleece lining. Use on and off trail 60/40. XC Ski HQ demo rating ****1/2 List: \$115
 - 2019 Turnamic Control Bindings. These automatic step-in bindings, which

slide onto a pre-mounted plate, are intuitive and easy to use. Wide binding plate and secure binding attachment allow for maximum power transfer to the skis. With quick, tool-free

adjustment capability, they are easy to adjust forward (for grip) and backward (for glide) for optimal performance, regardless of snow condition or terrain. XC Ski HQ Demo Rating: ****1/2. List Price: \$70 – **2019 Alpina ST Poles.** Sizes 120cm to 160cm. This pole features a lightweight, durable, tapered aluminum shaft, plus easy adjustment wide loop strap and steel tip. Great for classic skiing. XC Ski HQ Demo Rating ****. Use on and off trail (60-40) List price: \$40

The Fischer Superlite Wax EF package is an incredibly easy-to-use waxable ski for people who like to have fun! **\$399.45** (List: \$549.99)

Upgrade to the Salomon Escape/Siam 7 Pro Link boot for a warmer boot with more cushion, better ankle and arch support, and conveniently located side zipper for the lace cover: \$33.20. Upgrade to the Swix Race Light X-Fit poles with tapered aluminum shaft, racing basket, and wrap-around style strap: \$18.16.

21% OFF Fischer Speedmax Classic Plus Ski Package: <mark>\$963.41</mark>

- 2019 Fischer Speedmax Classic Plus Skis. Weight: 1030 grams for 197cm. World Cup side cut 41-44-44 mm. Sizes 192cm, 197cm, 202cm, and 207cm, Plus Stiffs and Plus Medium flexes available. We will select the appropriate ski flex and length based on your weight, height and experience level to ensure optimum performance, and will mark and prep the wax pocket. This is Fischer's fastest classic race ski, and one of the fastest race skis on the market. Fischer's revolutionary Cold Base Bonding technology gives the Speedmax the edge above all other classic skis by allowing the base to retain its original molecular structure. The results are unprecedented gliding properties, wax absorption, grindability, and overall speed. Cold Base Bonding also adds a thermal absorption layer between the ski base and ski body, so that Speedmax skis react with consistency and predictability on the snow, regardless of snow temps. Other features include Diamond Tuned Grinding, World Cup Plus universal base, Air Core Carbon core, Precision Pairing System, Power Edge, Finish First final base treatment, Carbon Pro Tip and Tail, and Classic 9Q construction. XC Ski HQ Demo Rating: *****. List Price: \$750

– **Salomon Equipe 9 ProLink Boots.** Sizes Women's 6 to Men's 13.5. These performance classic boots are comfortable and streamlined, making them ideal for racing and fitness skiing. What gives these boots an edge is the adjustable heel

strap. Say goodbye to heel slip, and enjoy a precise, perfectly fitting boot. Quicklace lacing system makes them a breeze to tighten and loosen, and Thinsulate insulation adds warmth without the weight, making these boots a favorite even in very cold temps. ProLink sole is NNN and Turnamic/IFP compatible. Salomon's Custom Fit makes these the most comfortable boots in the sport race category. List price: \$205 – **2019 Turnamic Race Pro Classic Bindings.** These lightweight bindings, which slide onto a premounted plate, are intuitive and easy to use. Wide binding plate and secure binding attachment allow for maximum power transfer to the skis. With quick, tool-free adjustment capability, they are easy to adjust forward and back for optimal performance, regardless of snow condition or terrain. No grip? No problem, simply move the binding forward! Not enough glide? Just slide the binding back. The Race Pro Classic is a step up from the Race Classic due to its lighter weight, and also because the connection to the boot is a bit closer to the ski, which provides a closer and more accurate ski feel. This is binding technology at its finest! XC Ski HQ Demo Rating: ****1/2. List Price: \$115

- 2019 Swix Quantum Four Poles. Size 135cm – 180cm. Weight for 155cm pole: 192 grams (shaft weight: 82 grams per meter). The Swix Quantum Four is a new carbon composite pole from Swix with high stiffness and durability. This pole comes with a PCU handle with cork-filled thermoplastic grip, and the new Profit 3D strap. Large 97 TBS baskets make them a great performer for universal groomed trail conditions. Stiffness: 32mm. Strength: > 75 kp. XC Ski HQ Demo Rating: ***** List price: \$120

The Fischer Speedmax Classic offers the highest level of performance: \$963.41 (List: \$1215.99) Upgrade to the Swix Team Special poles for an ultra lightweight, 100% carbon race pole with cork grip: \$50. 12



Back Country Ski Packages

All packages include complimentary binding installation & base prep (\$20), Ski Bones (5.99) for base protection, and free shipping to lower 48

26% OFF Sporten Forester Back Country Ski Package: \$381.82



- 2019 Sporten Forester No-Wax Skis. Side Cut 60-50-55 mm. Ski weight 2005 grams for 190cm. Sizes 170 cm (skier weight 80 to 125 lbs), 180 cm (120 to 155 lbs), 190cm (150 to 185lbs), 200cm (180 to 205 lbs), & 210cm (200 lbs and above). These recreational skis come with a full steel edge, so that you can enjoy the groomed track AND the ungroomed trails on the same skis! The steel edge provides abundant stability and control, and the best ever Posi Grip Base makes hill climbing easy. The Air Channel Poplar Core is very durable and responsive, and embossed MGE base glides smoothly across the snow. If you want a ski that performs well in virtually all snow conditions and terrains, the Sporten Forester is an excellent option at an exceptional value. Use on and off trail 50/50. XC Ski HQ Demo Rating ***** List price: \$250 - 2019 Alpina Snowfield Back Country Boots. Euro sizes 36-49. US sizes women's 6 to men's 14.5. This back country boot from Alpina is well equipped to provide warmth, support, and comfort for your back country skiing adventure. The supportive ankle and soft collar provide stability and control, especially on downhills and turns, and Thinsulate insulation plus toe box protection makes sure feet stay toasty and dry. NNN BC Sole. Use on and off trail: 30-70. XC Ski HQ Demo Rating: ****. List price: \$150

– 2019 NNN BCX Automatic Back Country Bindings. Made by Rottefella. These bindings have a wide plate and classic flex for optimal stability and control when in back country terrain. Step-in automatic attachment makes them a breeze to get into and out of. Use on and off trail: 30-70. Compatible with NNN BC soled boots only. XC Ski HQ Demo Rating: ****1/2. List price:

\$89

- 2019 Alpina ASC ST Snowflake Poles. Pole Sizes: 120cm to 160cm. This durable pole has an aluminum tapered shaft with round powder basket and adjustable strap. For use in and out of groomed trail. XC Ski HQ Demo Rating ****. Use on and off trail (40-60). List price: \$40

A stable, go-anywhere-do-anything back country ski package that will let you explore winter wonderland with ease: \$381.82 (List price: \$513.99)

*Upgrade to the Rossignol BC X6 back country boots for added warmth and comfort, plus hinging ankle cufJ and Velcro strap for superior ankle support: \$38. Upgrade to the ASC XT poles for a wide, padded strap and rubber/cork comfort grip: \$9.10

33% OFF Alpina Discovery 68 Back Country Ski Package: <mark>\$407.90</mark>

- 2019 Alpina Discovery 68 Back Country Skis. Weight = 2057 grams for size 180cm. Side cut 68/60/65mm. Sizes 160cm (Less than 125 lbs), 170 cm (120 to 155 lbs), 180cm (150 to 185 lbs), and 190cm (180 lbs and above). This full metal-edge back country ski is wide enough for great stability when breaking trail. The Alpina Discovery 68 is a perfect ski for downhill skiers who want the safety of cross country skiing and the ability to go anywhere they want on snow! The Posigrip base climbs like exceedingly well. With sufficient side cut, along with an ice-stabilizing full steel edge, the Discovery gives great platform-like security and also lets you turn easily. Mid-length sizing makes them super easy to control and the bulletproof wood core cap construction means these skis will last a very long time. For skied-in tracks and off trail. XC Ski HQ Demo Rating****½. List: \$300

- 2019 Alpina Snowfield Back Country Boots. Euro sizes 36-49. US sizes women's 6 to men's 14.5. This back country boot from Alpina is well equipped to provide warmth, support, and comfort for your back country skiing adventure. The supportive ankle and soft collar provide stability and control, especially on downhills and turns, and Thinsulate insulation plus toe box protection makes sure feet stay toasty and dry. NNN BC Sole. Use on and off trail: 30-70. XC Ski HQ Demo Rating: ****. List price: \$150
 - 2019 BCX Automatic Back Country Bindings. Made by Rottefella. These bindings have a wide plate and classic flex for optimal stability and control when in back country terrain. Step-in automatic attachment makes them a breeze to get into and out of. Use on and off trail: 30-70. Compatible with With NNN BC soled boots only. XC Ski HQ Demo Rating: ****1/2. List price: \$89

– 2019 Alpina ASC ST Snowflake Poles. Pole Sizes: 120cm to 160cm. This durable pole has an aluminum tapered shaft with round powder basket and adjustable strap. For use in and out of groomed trail. XC Ski HQ Demo Rating ****. Use on and off trail (40-60). List price: \$40

One of the best metal-edged ski packages available for ultimate trail blazing performance: \$407.90 (List price: \$604.99)

Upgrade to the Alpina Traverse back country boot. This warm and very comfortable boot gives you complete waterproofing, plus a plastic heel cuff and heel counter with Velcro ankle strap for optimum control: \$38. Upgrade to the ASC XT poles for a wide, padded strap and rubber/cork comfort grip: \$9.10.



Call 1.800.832.2663 to order, or shop at CrossCountrySki.com!

27% OFF Fischer Spider 62 Back Country Ski Package: <mark>\$416.45</mark>



- 2019 Fischer Spider 62 Back Country Skis. Ski weight = 1790 grams for 179cm. Side Cut 62-52-60mm. Mid length Sizes 169cm (less than 143 lbs), 179cm (143 to 196 lbs), 189cm (176 to 231 lbs), & 199cm (220+ lbs). The Fischer Spider 62 is one of our best-selling and most favorite skis of all time! The full length micro metal edge, and shorter-than-most midlength sizing on the Spider 62 makes for excellent control and stability, and the glide is unbelievably good. The variable depth, positive molded base climbs and glides better than any base Fischer ever put on a metal edged ski. This ski is narrower than most back country skis, which contributes to the great glide and also makes it work well on groomed trails. Add the lighter Air Tec Core construction, generous side cut and ultra finished stone ground Sintec base, and you get stability, easy turning, and great glide with very little effort! Use on and off trail: 40-60. XC Ski HQ Demo Rating: ****3/4 List: \$259

– **2019 Alpina Snowfield Back Country Boots.** Euro sizes 36-49. US sizes women's 6 to men's 14.5. This back country boot from Alpina is well equipped to provide warmth, support, and comfort for your back country skiing adventure. The supportive ankle cuff and soft collar provide stability and control, especially on downhills and turns, and Thinsulate insulation plus toe box protection makes sure feet stay toasty and dry. NNN BC Sole. Use on and off trail: 30-70. XC Ski HQ Demo Rating: ****. List price: \$150

- 2019 BCX Automatic Back Country Bindings. Made by Rottefella. These bindings have a wide plate and classic flex for optimal stability and control when in back country terrain. Step-in automatic attachment makes them a breeze to get into and out of. Use on and off trail: 30-70. Compatible with with NNN BC soled boots only. XC Ski HQ Demo Rating: ****1/2. List price: \$89

- 2019 Alpina ASC ST Snowflake Poles. Pole Sizes: 120cm to 160cm. This durable pole has an aluminum tapered shaft with round powder basket and adjustable strap. XC Ski HQ Demo Rating ****. Use on and off trail (40-60). List price: \$40

The Fischer Spider 62 back country ski package is perfect for off-track winter adventures: \$416.45 (List: \$573.99)

Upgrade to the Rossignol BC X6 back country boots for added warmth and comfort, plus hinging ankle cuff and Velcro strap for superior ankle support: \$38. Upgrade to the ASC XT poles for a wide, padded strap and rubber/cork comfort grip: \$9.10

26% OFF Rossignol BC 65 Cross Country Ski Package: <mark>\$419.82</mark>



– **2019 Rossignol BC 65 Positrack Skis.** Ski weight 1760 grams for size 185cm. Side cut 65/53/60mm. Sizes 165 cm (skier weight 80 lbs to 125 lbs), 175 cm (120 to 155 lbs), 185cm (150 to 185 lbs), 195cm (180 to 230+lbs). The Rossignol BC 65 is one of our favorite back country skis of all time. The Wood Air core makes them springy and responsive, and the best ever Positrack base climbs like a mountain goat. Additionally, full steel edges, mid length sizing, and generous side cut offer excellent control and stability, and make them especially easy to turn going down hills. The double camber assures good glide, and DuraClear cap construction means these skis are very durable and will last a long time. A great choice for primarily off track skiing, but narrow enough for skied-in tracks. XC Ski HQ Demo rating:****1/2 List: \$265

- 2019 Alpina Snowfield Back Country Boots. Euro sizes 36-49. US sizes women's 6 to men's 14. This back country boot from Alpina is well equipped to provide warmth, support, and comfort for your back country skiing adventure. The supportive ankle cuff and soft collar provide stability and control, especially on downhills and turns, and Thinsulate insulation plus toe box protection makes sure feet stay toasty and dry. NNN BC Sole. Use on and off trail: 30-70. XC Ski HQ Demo Rating: ****. List price: \$150

- 2019 BCX Automatic Back Country Bindings. Made by Rottefella.
 These bindings have a wide plate and classic flex for optimal stability and

control when in back country terrain. Step-in automatic attachment makes them a breeze to get into and out of. Use on and off trail: 30-70. Compatible with with NNN BC soled boots only. XC Ski HQ Demo Rating: ****1/2. List price: \$89

- 2019 Alpina ASC ST Snowflake Poles. Pole Sizes: 120cm to 160cm. This durable pole has an aluminum tapered shaft with round powder basket and adjustable strap. For use in and out of groomed trail. XC Ski HQ Demo Rating ****. Use on and off trail (40-60). List price: \$40

The Rossignol BC 65 back country ski package is perfect for offtrack winter adventures! \$419.82 (List: \$569.99)

*Upgrade to the Rossignol BC X6 back country boots for added warmth and comfort, plus lace-cover, speed-lacing, and hinging ankle cuff with Velcro strap for superior ankle support: \$38. Upgrade to the ASC XT pole for a wide, padded strap and rubber comfort grip: \$9.10 14

23% OFF Rossignol BC 90 Cross Country Ski Package: <mark>\$539.57</mark>



– **2019 Rossignol BC 90 Positrack Back Country Skis.** Ski weight 2000 grams for size 179cm. Side cut 90/68/78mm. Sizes 159 cm (skier weight 80 lbs to 125 lbs), 169 cm (120 to 155 lbs), 179cm (150 to 185 lbs), 189cm (180 to 230+ lbs). The Rossignol BC 90 is made for those who like to get off the beaten track. Designed to be an especially great performer on downhills, the BC 90 has a rocker tip and single camber profile to keep the tips floating in deep snow. This ski construction, along with ample side cut and full steel edges, make the BC 90's easy to turn despite their width. The LDC Wood core makes them surprisingly lightweight and responsive, and the best ever no-wax Positrack base climbs steep terrain extremely well. DuraClear cap construction means these skis are dependable, durable, and will last a long time. The BC 90's are perfect for offtrack winter adventures! Use off groomed trails only. XC Ski HQ Demo rating:****3/4 List: \$345

- Rossignol BC X6 Back Country Boots. Euro sizes 36-48. US sizes women's 6 to men's 13.5. This back country boot from Rossignol is a perfect match for the Rossignol BC 90 ski. Fully waterproof and insulated, the BC X6 has a zippered lace cover to keep feet dry and warm all day long. A sturdy, 3D bi-injection, hinged

ankle cuff with velcro strap secures the ankle in place, allowing for safe and efficient power transfer to the ski. Stiff boot flex provides support for turning, and ample range of motion for striding on the flats and uphills. This boot is comfortable, supportive, and durable, and is available in a women's specific fit. NNN BC Sole. Use on and off trail: 20-80. XC Ski HQ Demo Rating: ****1/2. List price: \$185 – **2019 NNN BC Magnum Bindings.** Manual Back Country Binding from Rottefella. Very stable and secure, delivers the torque you need to turn these wide skis. Reliable manual attachment ensures no icing problems in deeper snow. Use on and off trail (10-90) only with NNN BC soled boots. XCHQ Demo Rating: *****. List price: \$99

- 2019 Alpina ASC XT BC Poles. Pole Sizes: 120cm to 160cm. This very nice, durable pole has a lightweight aluminum tapered shaft with round powder basket and wide, padded, adjustable strap. Rubber grip makes for comfortable handling. For use in and out of groomed trail. XC Ski HQ Demo Rating ****1/2. Use on and off trail: 40-60. List price: \$50

The Rossignol BC 90 package is for skiers who love the back country! \$539.57 (List: \$704.99)

Skate Ski Packages

All packages include complimentary binding installation & base prep (\$20), Ski Bones (5.99) for base protection, and free shipping to lower 48

29% OFF Fischer SC Skate Ski Package: \$393.31

– **2019 Fischer SC Skate IFP Skis.** Ski weight = 1360 grams for size 186cm. Sidecut = 41/44/44mm. Sizes 171cm = (skier weight 77-110 lbs), 176cm = (100-140 lbs), 181cm = (130-155 lbs), 186cm = (150-175 lbs), 191cm = (175-230+ lbs). A staple in the Fischer skate ski line, the Fischer SC skate skis are easy to learn on, and are perfect for a first set of skate skis. They are very stable, and Air Tec Basalight technologies plus Powerlayer make them lighter than in years past. These Fischer skis glide better than most entry-level skate skis, and because they are Fischers, skiers can trust in their top quality and durability. Add Speed Grinding, Power Edge, World Cup Pro base and World Cup Sidecut that deliver performance, and you have a fun and easy-to-use recreational skate ski. XC Ski HQ Demo Rating: ***7/8 List: \$180

- 2019 Alpina T-40 Boots. European sizes 36-49. This Alpina boot is a winner in the recreational skate boot category. Thinsulate insulation keeps feet warm, and extra padding and anatomic footbed provide a comfortable fit. Stiff boot flex, plastic heel counter, elastic calf adjustment, and ankle cuff with Velcro power strap ensure optimum stability and support for skating. The NNN T-3 sole is compatible with all current NNN-compatible bindings. A highly durable skate boot with real value! XC Ski HQ Demo Rating: ****. List price: \$200



- 2019 Turnamic Race Skate Bindings. After a successful debut last year, Rossignol and Fischer's ISPO Award Winning Turnamic binding system is a proven upgrade in the skate binding world. These lightweight bindings, which slide onto a pre-mounted IFP plate, are intuitive and easy to use. Wide binding plate and secure binding attachment allow for maximum power transfer to the skis. With quick, tool-free adjustment capability, they are easy to adjust forward for more control, and back for better glide in every snow condition and terrain. This is binding technology at its finest. XC Ski HQ Demo Rating: ****1/2. List Price: \$85

- 2018 Swix Race Light X-Fit Poles. Lengths 135cm - 165cm. This quality aluminum racing pole is equipped with the adjustable X-Fit strap, which is intuitive and easy to put on. This Swix pole has a sturdy, tapered shaft, comfy PC handle, and a large 97 basket for skating performance. XC Ski HQ Demo rating: ****. List price: \$60

The Fischer SC Skate Ski Package is perfect for beginning and recreational skate skiing: \$393.31 (List: \$550.99)

. Upgrade to the Fischer RC3 or RC My Style Skate boot for better skating performance! This stiff, comfortable boot has a more substantial ankle cuff for better stability and power transfer, and also comes in a women-specific design: \$19

Call 1.800.832.2663 to order, or shop at CrossCountrySki.com!

30% OFF 2019 Rossignol Zymax Skate Ski Package: \$420.91



- 2019 Rossignol Zymax IFP Skate Skis. Ski weight = 1260 grams for size 180 cm. Sidecut = 40/44/43/43mm. Sizes: 160cm (skier weight 80- 110 lbs), 170cm (skier weight 100-140 lbs), 180cm (135-175 lbs) & 190cm (170 to +225 lbs). Skate skis designed for the recreational and/or fitness skate skier. Easy to learn on, these lightweight skis track well and are super stable due to their dual base grooves. The Rossignol Zymax skate skis have high-end features like the Activ'cap, K7000 tuned base, and stiff skating camber, making them a great value. With a slightly shorter cut than most other skate skis in its class, the Zymax skis are easy to climb with and very responsive. The Zymax is a winner in our rental and demo program for their ease of use and great gliding properties! XC Ski HQ Demo Rating: **** List \$230

- 2019 Alpina T-40 Boots. European sizes 36-49. This Alpina boot is a winner in the recreational skate boot category. Thinsulate insulation keeps feet warm, and extra padding and anatomic footbed provide a comfortable fit. Stiff boot flex, plastic heel counter, elastic calf adjustment, and ankle cuff with Velcro power strap ensure optimum stability and support for skating. The NNN T-3 sole is compatible with all current NNN-compatible bindings. A highly durable skate boot with real value! XC Ski HQ Demo Rating: ****. List price: \$200

- 2019 Turnamic Race Skate Bindings. After a successful debut last year, Rossignol and Fischer's ISPO Award Winning Turnamic binding system is a proven upgrade in the skate binding world. These lightweight bindings, which

slide onto a pre-mounted IFP plate, are intuitive and easy to use. Wide binding plate and secure binding attachment allow for maximum power transfer to the skis. With quick, tool-free adjustment capability, they are easy to adjust forward for more control, and back for better glide in every snow condition and terrain. This is binding technology at its finest. XC Ski HQ Demo Rating: ****1/2. List Price: \$85

- 2018 Swix Race Light X-Fit Poles. Lengths 135cm - 165cm. This quality aluminum racing pole is equipped with the adjustable X-Fit strap, which is intuitive and easy to put on. This Swix pole has a sturdy, tapered shaft, comfy PC handle, and a large 97 basket for skating performance. XC Ski HQ Demo rating: ****. List price: \$60

One of our top sellers for a fast, fun, affordable skate ski package: \$420.91 (List: \$600.99) Upgrade to the Fischer RC3 or RC My Style Skate boot for better skating performance! This stiff, comfortable boot provides more support and stability for better power transfer, and also comes in a women-specific design: \$19. Upgrade to the Swix RC Pro pole for a significantly stiffer & lighter-weight, 50% carbon performance pole: \$18.20.

34% OFF 2019 Salomon RS8 Skate Ski Package: <mark>\$431.85</mark>

- 2019 Salomon RS8 Skate Skis. Side cut 42/44/43/45mm. Ski weight 1270 grams for size 191cm. Sizes 174cm (skier weight 78-121 lbs), 179cm (110-143 lbs), 186cm (132-165 lbs), 191cm (154-198lbs), and 191cm Extra Stiff (+187lbs). The Salomon RS8 Skate skis are light, fast, and easy to ski. This ski, ideal for recreational and fitness skiers as well as citizen racers, features a Javlin Sidecut for speed, plus a little extra tail width for easy steerage and stability. The strong and lightweight Densolite 3000 core wrapped up in the Salomon Skating Space Frame makes these skis very responsive, and the G4 Zeolit base with Race Universal Grinding ensures great performance in all snow conditions. The Salomon RS8 skate ski is sure to create many skate skiing addicts! XC Ski HQ demo rating****1/4. List price: \$290

- 2019 Alpina T-40 Boots. European sizes 36-49. This Alpina boot is a winner in the recreational skate boot category. Thinsulate insulation keeps feet warm, and extra padding and anatomic footbed provide a comfortable fit. Stiff boot flex, plastic heel counter, elastic calf adjustment, and ankle cuff with Velcro power strap ensure optimum stability and support for skating. The NNN T-3 sole is compatible with all current NNN-compatible bindings. A highly durable skate boot with real

value! XC Ski HQ Demo Rating: ****. List price: \$200 – 2019 Rottefella Performance Skate NIS Bindings. This high performance binding gives you the lightweight feel of the top end Xcelerator binding, without the price tag! It is also easier to release than the Xcelerator. Weighing in at only 240 grams, the Performance Skate has Rottefella's patented Dual Flexor system, which keeps the ski in a horizontal position with each stride. This, combined with a wide platform, allows for optimal power transfer, efficiency, and control. These bindings are adjustable, and can be moved forward or back for different snow conditions. XC Ski HQ demo rating: ****1/2. List Price: \$80

– **2018 Swix Race Lite X-Fit Poles.** Lengths 135cm – 165cm. This quality aluminum racing pole is equipped with the adjustable X-Fit strap, which is intuitive and easy to put on. This Swix pole has a sturdy, tapered shaft, comfy PC handle, and a large 97 basket for skating performance. XC Ski HQ Demo rating: ****. List price: \$60

The Salomon RS8 skate ski package is a great value for a high performance recreational skate ski package: \$431.85 (List \$655.99)

Upgrade to the Salomon Equipe 8 (Mens) or Vitane 8 (Wins) Skate Boot for lighter weight, better fitting, and comfortable boots that are a perfect match for the skis: \$42.75. Upgrade to the Swix RC Pro poles for significantly stiffer & lighter-weight, 50% carbon performance poles: \$18.20



30% OFF 2019 Fischer SCS Skate Ski Package: <mark>\$499.91</mark>



- 2019 Fischer SCS Skate Skis IFP. Ski weight = 1270 grams for 186cm. World Cup Side Cut 41-44-44 mm. Sizes 171cm (skier weight 99 – 141 lbs), 176cm (121 – 152 lbs), 181cm (143 – 174 lbs), 186cm (165 – 196 lbs), and 191cm (176 lbs and above). These weight ranges are approximate; we will hand-pick the best pair of skis according to your weight, ability, and height to ensure optimum performance. The Fischer SCS Skate is a top choice for skiers who want a fast, high quality ski without the price tag of top-of-the-line gear. These Fischer skis have Air Core Basalite Pro construction and Power Edge, which makes for highly stable riding and smooth power transfer. Ultra Finish World Cup Pro Universal Base means they will perform in all temperature and snow conditions, and computer flex control ensures perfectly matched skis. They are fast, stable, and most enjoyable to ski, not to mention an excellent value! XC Ski HQ Demo Rating: ****1/4 List \$325

- 2019 Alpina T-40 Boots. European sizes 36-49. This Alpina boot is a winner in the recreational skate boot category. Thinsulate insulation keeps feet warm, and extra padding and anatomic footbed provide a comfortable fit. Stiff boot flex, plastic heel counter, elastic calf adjustment, and ankle cuff with Velcro power strap ensure optimum stability and support for skating. The NNN T-3 sole is compatible with all current NNN-compatible bindings. A highly durable skate boot with real value! XC Ski HQ Demo Rating: ****. List price: \$200

- 2019 Turnamic Race Skate Bindings. After a successful debut last year, Rossignol and Fischer's ISPO Award Winning Turnamic binding system is a proven upgrade in the skate binding world. These lightweight bindings, which slide onto a pre-mounted IFP plate, are intuitive and easy to use. Wide binding plate and secure binding attachment allow for maximum power transfer to the skis. With quick, tool-free adjustment capability, they are easy to adjust forward for more control, and back for better glide in every snow condition and terrain. This is binding technology at its finest. XC Ski HQ Demo Rating: ****1/2. List Price: \$85

- 20198Swix RC Pro Poles. Lengths 135cm – 175cm. These performance composite poles are 50% carbon, making them lightweight and strong. It comes with a comfy PC handle and adjustable Pro-Fit strap, and a large 97 basket for great skating performance. A great pole for fitness skiing and racing. XC Ski HQ Demo rating: ****1/4. List price: \$75

One of the best recreational, fitness, and citizen race packages available: \$499.91 (List: \$710.99) Upgrade to the Fischer RC3 boot for better skating performance. The RC3 is lighter weight, and offers a more substantial ankle cuff for increased stability and power transfer: \$19. OR Upgrade to the Fischer RC5 boot for even lighter weight construction and a more refined fit: \$42.75

29% OFF 2019 Rossignol Delta Skate Ski Package: <mark>\$525.51</mark>

- 2019 Rossignol Delta Skate IFP Skis. Sidecut = 40/44/43/43mm. Ski weight 1280 grams for size 186cm. Sizes 173cm (skier weight 100 lbs to 125 lbs), 180cm (120 lbs to 150 lbs), 186cm (145 lbs to 175 lbs), and 192cm (170 lbs +). These weight ranges are approximate; we will hand-pick the best pair of skis according to your weight, ability, and height to ensure optimum performance. The Rossignol Delta skate ski is fast, fun, and easy to ski. Dual base grooves and Nomex Honeycomb construction make them very light and stable, allowing you to ski longer distances with less fatigue. Activ'cap, K7000 tuned base, and stiff skating camber give it an edge over other skis in its category. These Rossignol skate skis demo amazingly well! XC Ski HQ Demo Rating: ****1/2 List \$355

– 2018 Alpina T-40 Boots. European sizes 36-49. This Alpina boot is a winner in the recreational skate boot category. Thinsulate insulation keeps feet warm, and extra padding and anatomic footbed provide a comfortable fit. Stiff boot flex, plastic heel counter, elastic calf adjustment, and ankle cuff with Velcro power strap ensure optimum stability and support for skating. The NNN T-3 sole is compatible with all current NNN-compatible bindings. A highly durable skate boot with real value! XC Ski HQ Demo Rating: ****. List price: \$200

– **2019 Turnamic Race Skate Bindings.** After a successful debut last year, Rossignol and Fischer's ISPO Award Winning Turnamic binding system is a proven upgrade in the skate binding world. These lightweight bindings, which slide onto a pre-mounted IFP plate, are intuitive and easy to use. Wide binding plate and secure binding attachment allow for maximum power transfer to the skis. With quick, tool-free adjustment capability, they are easy to adjust forward for more control, and back for better glide in every snow condition and terrain. This is binding technology at its finest. XC Ski HQ Demo Rating: ****1/2. List Price: \$85

– 2019 Swix RC Pro X-Fit Poles. Lengths 135cm – 175cm. These performance composite poles are 50% carbon, making them lightweight and strong. It comes with a comfy PC handle and adjustable X-fit strap, and a large 97 basket for great skating performance. A great pole for fitness skiing and racing. XC Ski HQ Demo rating: ****1/4. List price: \$75

The Rossignol Delta skate ski package is fast and stable, ideal for fitness skiing and racing: \$525.51 (List price: \$740.99)

Upgrade to the Fischer RC3 boot for better skating performance. The RC3 gives you a more substantial ankle cuff for better stability and power transfer, and is sleeker and lighter weight: \$19. OR Upgrade to the Fischer RC5 boot for even lighter weight construction and a more refined fit: \$42.75



All packages include complimentary binding installation & base prep (\$20), Ski Bones (5.99) for base protection, and free shipping to lower 48

25% OFF Fischer RCR Skate Ski Package: <mark>\$582.51</mark>

– **2019 Fischer RCR Skate IFP Skis.** Ski weight 1190 grams for size 186cm. Side cut 41-44-44mm. Sizes 177cm (skier weight 79 to 119 lbs), 182cm (110 to 141 lbs), 187cm (143 to 176 lbs), 192cm (176 to 225+ lbs). These weight ranges are approximate; we will hand-pick the best pair of skis according to your weight, ability, and height to ensure optimum performance. These Fischer skate skis are perfect for skiers who want high-end, race performance without paying top dollar. Skate skiers love the control and speed they get with the RCR, which is very lightweight yet durable. Air Core construction make them light and responsive, and Computer Flex Control ensures a well matched pair. The Fischer RCR Skate skis come with World Cup pre-waxed base, Race finish, and Speed Tip and Speed Tail, making these skis very fast, plus easy to climb and maneuver. XC Ski HQ Demo Rating: ****1/2 List \$400

– **2019 Fischer RC3 / RC My Style Skate Boots.** Men's boot sizes: 8 to 13.5. Women's boot sizes: 6 to 11. This pure skate boot from Fischer features Thinsulate insulation for excellent warmth, thermo fit foot molding, and articulating hinged polymer cuff for stability. The RC My Style is engineered with the Ladies Fit Concept for an ideal fit. A great choice for recreational and fitness skiers, as well as casual racers. XC Ski HQ Demo Rating: ****. List: \$189

- 2019 Turnamic Race Skate Bindings. After a successful debut last year,

Rossignol and Fischer's ISPO Award Winning Turnamic binding system is a proven upgrade in the skate binding world. These lightweight bindings, which slide onto a pre-mounted IFP plate, are intuitive and easy to use. Wide binding plate and secure binding attachment allow for maximum power transfer to the skis. With quick, tool-free adjustment capability, they are easy to adjust forward for more control, and back for better glide in every snow condition and terrain. This is binding technology at its finest. XC Ski HQ Demo Rating: ****1/2. List Price: \$85

- 2018 Swix RC Pro Poles. Lengths 135cm – 175cm. These performance composite poles are 50% carbon, making them lightweight and strong. It comes with a comfy PC handle and adjustable Pro-Fit strap, and a large 97 basket for great skating performance. A great pole for fitness skiing and racing. XC Ski HQ Demo rating: ****1/4. List price: \$75

The Fischer RCR Skate Ski package is a top pick for a very high-performing skate ski package without the price tag of top-of-the-line equipment: **\$582.51** (List: **\$**774.99)

Upgrade to the Fischer RC5 boot for a lighter weight and has a more refined fit: \$23.75. OR Upgrade to the Fischer RC7 for even lighter weight construction plus over-the-arch strap for a more secure fit: \$99.75

32% OFF 2019 Salomon RS Skate Ski Package: \$599.72

- 209 Salomon RS Skate Skis. Ski weight 1040 grams for size 192cm. Side cut 44-43-44 mm. Sizes 170cm (skier weight <121 lbs), 177cm (110 to 132 lbs), 182cm (121 to 154 lbs), 187cm (143 to 176 lbs), 192cm (154 to 198 lbs), & 192cm Extra Stiff (187 lbs and above). We will hand-pick the best pair of skis according to your weight, ability, and height to ensure optimum performance. The very lightweight Salomon RS Skate ski is built for speed, and accelerates down the trail with ease. The RS combines key snow-specific benefits of Salomon S-Lab skis into one highly versatile workhorse that glides well in every snow condition. Made with the skating space frame, skating race side cut, and forgiving D-Carbon core, these skis are not only fast, but stable and smooth. Universal skating camber adjustment and low riding responsive camber construction ensures precise power transfer and responsive propulsion. World Cup G5 Zeolite Universal Base with World Cup universal grind makes them shine in all snow conditions. The Salomon RS Skate is perfect for avid skiers and/or racers who like speedy, easy gliding skis. XC Ski HQ Demo rating****7/8 List price: \$425</p>

- 2018 Salomon Equipe 8 or Vitane 8 Skate ProLink Boots. Sizes Women's 6 to Men's 13.5. This Salomon skate boot is a fantastic mid-level boot with lots of

features. Skating flex and Advanced 3D chassis give these boots torsional rigidity for precise power transfer and lateral stability. Quick pull lacing system and side zip makes them a breeze to put on. ProLink sole is compatible with NNN and Turnamic Bindings. It also features a lower boot-to-binding attachment, which improves ski feel and overall skating performance. Salomon's Energyzer ankle cuff provides lateral support, so the skier can get efficient kick and relax between strides. A great feature that sets this boot apart is the adjustable heel strap, which allows skiers to create a custom fit and eliminate heel slip. Salomon is famous for making incredibly comfortable boots, and this boot is no exception. The Vitane 8 is built with a women's specific last. XC Ski HQ Demo Rating: ****1/4. List price: \$270

- 2019 Rottefella Performance Skate NIS Bindings. This high performance binding gives you the lightweight feel of a top-end binding. Weighing in at only 240 grams, the Performance Skate has the patented Dual Flexor system, which keeps the ski in a horizontal position with each stride. This, plus wide platform, allows for optimal power transfer and control. These adjustable bindings can be moved forward or back for different snow conditions. XC Ski HQ demo rating: ****1/2. List Price: \$80

- 2018 Swix RC Pro Poles. Lengths 135cm – 175cm. This 50% carbon pole is lightweight and strong. It comes with a comfy PC handle and adjustable Pro-Fit strap, and a large 97 basket for great skating performance. A great pole for fitness skiing and racing. XC Ski HQ Demo rating: ****1/4. List price: \$75 The RS skate package offers all the performance most skiers would ever want: \$599 72 (1 ist: \$875 99)

The RS skate package offers all the performance most skiers would ever want: \$599.72 (List: \$875.99) *Upgrade to the Salomon RS Carbon or RS Vitane Carbon Skate boots for lighter, stiffer, more streamlined boots that offer better skating performance: \$54.25. Upgrade to the Salomon Equipe 60 poles for lighter-weight poles with cork handle and reliable quick-release strap: \$13.65. 18





Call 1.800.832.2663 to order, or shop at CrossCountrySki.com!

 - 2019 Fischer RCS Skate Skis Plus IFP. Ski weight 1090 grams for size 186cm. Side Cut World Cup Skate 41-44-44mm. Sizes 176cm (skier weight 89 to 141 lbs), 181cm (121 to 163 lbs), 186cm (132 to 185 lbs), 191cm (143 to 225+ lbs). We will hand-pick the best pair of skis according to your weight, ability, and height to ensure optimum performance. The Fischer RCS Skate Ski is one of the best values for a high performance racing skate ski. With most of the features found on its big brothers, the Carbonlite Skate and the top-of-the-line Speedmax, the Fischer RCS Skate ski is incredibly light, fast, and stable. Fischer's signature hole in the tip not only makes the ski lighter, but reduces swing weight dramatically, making it easier to go longer distances with greater speed. The RCS Skate has more World Cup experience than any other ski in Fischer's line up, and it's no doubt that it will continue to be a winner for many racers. Diamond Tuned Grinding (DTG) World Cup Plus base is fast in all snow conditions, and Air Core Carbon core makes them extremely lightweight yet durable. Precision Pairing System guarantees optimal ski matching, Power Edge ensures long ski life and uniform wax wear, and Finish First base finish provides best-in-class final base treatment. All in all, the RCS gives you darn near everything the Carbonlite gives you, but for a lot less money. XC Ski HQ Demo Rating: ****3/4. List Price: \$550



- 2019 Fischer RC3 / RC My Style Skate Boots. The RC3 fits men's sizes 6 to 13.5, and the My Style boot fits women's sizes 6 to 11. This pure skating boot from Fischer features Thinsulate insulation for excellent warmth, thermo fit foot molding and articulating hinged polymer cuff for stability. The RC My Style is great looking and is engineered with the Ladies Fit Concept for an ideal fit. A great choice for recreational skate and sport skate skiers. XC Ski HQ Demo Rating: ****. List: \$189

- 2019 Turnamic Race Skate Bindings. After a successful debut last year, Rossignol and Fischer's ISPO Award Winning Turnamic binding system is a proven upgrade in the skate binding world. These lightweight bindings, which slide onto a pre-mounted IFP plate, are intuitive and easy to use. Wide binding plate and secure binding attachment allow for maximum power transfer to the skis. With quick, tool-free adjustment capability, they are easy to adjust forward for more control and back for more glide in every snow condition and terrain. This is binding technology at its finest. XC Ski HQ Demo Rating: ****1/2. List Price: \$85

- 2018 Swix RC Pro Poles. Lengths 135cm – 175cm. These performance composite poles are 50% carbon, making them lightweight and strong. It comes with a comfy PC handle and adjustable Pro-Fit strap, and a large 97 basket for great skating performance. A great pole for fitness skiing and racing. XC Ski HQ Demo rating: ****1/4. List price: \$75

The Fischer RCS Skate ski package is power-packed and ready to fly: \$687.01 (List: \$924.99)

Upgrade to the Fischer RC5 boot for a lighter weight and more refined fitting boot for better skating performance: \$23.75. OR Upgrade to the Fischer RC7 boot for an even lighter, more comfortable, streamlined boot with over-the-arch adjustment strap for race level performance: \$96.90. Upgrade to the lighter-weight Turnamic Race Pro Skate Binding: \$18.00. Upgrade to the Swix Quantum Four pole for a very lightweight shaft with thermoplastic-cork grip : \$27.35.

34% OFF Rossignol Xium Premium IFP S2 Skate Package: \$920.76

- 2018 Rossignol Xium Premium Skating IFP S2 Skis. Side Cut 40-44-43-43. Ski weight 1080 grams per pair for 186cm. Lengths: 174cm, 181cm, 187cm, 193cm. We will hand-pick the best pair of skis according to your weight, ability, and height to ensure optimum performance. The Rossignol Xium Premium skate ski sets a new standard for its hard-to-believe light weight, stability, glide, and overall power. These demo center favorites feature a lower, shorter carbon tip for minimum swing weight and optimal maneuverability, and the 3D Carbon Profile construction and Nomex Honeycomb core ensure high responsiveness and precise power transmission. The Super Edge sidewalls and Double Groove Guide make them exceptionally stable and give them great tracking properties. K7000 S2 Universal base glides extremely well in all snow conditions. All Rossignol Xium skate skis are measured for closing flex and camber shape at the factory prior to pairing, which ensures each Xium ski is precisely matched for optimum ski fitting and selection. This is the top-end, World Cup level Rossignol skate ski just plain likes to go fast. It is perfect for skiers who want effortless glide, maximal stability, and tremendous performance in all snow conditions. XC Ski HQ Demo Rating: ***** List price: \$805

- Fischer RC7 Skate Boots. Sizes Womens 5 to Men's 14. Lightweight, comfortable, and are ideal for

ambitious skate skiers. Stiff boot flex provides exceptional torsional rigidity for efficient power transfer, and hinged polymer ankle cuff with velcro strap gives lateral stability and generous forward-back range of motion. Polymer crosslink and over-the-arch strap add to the boot's torsional stability, and also help create a close, comfortable, custom fit for high-output skiing. Speedlock Lacing system makes them easy to tighten, and ensures that laces won't loosen on the snow. Feet stay comfortable, warm and dry with Triple-F climate controlling membrane, Comfort Guard insulation, and Cleansport NXT odor eliminating enzyme. These boots have a race fit, yet are extremely comfortable and provide top-level skating performance. XC Ski HQ Demo Rating: ****1/2. List price: \$329

- 2019 Turnamic Race Pro Skate IFP Bindings. These lightweight bindings, which slide onto a pre-mounted plate, are intuitive and easy to use. Wide binding plate and secure, manual binding attachment allow for maximum power transfer to the skis. Added stabilizer on the Race Pro Skate bindings give it an edge for absolute best stability and power transmission. With quick, tool-free adjustability, they are easy to slide forward for more control, and back for more glide. This is binding technology at its finest. XC Ski HQ Demo Rating: *****. List Price: \$115



All packages include complimentary binding installation & base prep (\$20), Ski Bones (4.99) for base protection, and free shipping to lower 48!

- 2019 Swix Quantum Four Poles. Size 135cm – 180cm. Weight for 155cm pole: 192 grams (shaft weight: 82 grams per meter). The Swix Quantum Four is a new carbon composite pole from Swix with high stiffness and durability. This pole comes with a PCU handle with cork-filled thermoplastic grip, and the new Profit 3D strap, which ensures optimal power transfer and comfort. The Large 97 TBS baskets make them a great performer for universal groomed trail conditions. Stiffness: 32mm. Strength: > 75 kp. XC Ski HQ Demo Rating: ***** List price: \$120

The Rossignol Xium Premium skate ski package is among the best in lightness, acceleration, and stability. Elite racing performance at a great value: \$920.76 (List: \$1394.99)

Upgrade to the Fischer RCS Carbonlite Skate Boot for elite level skating performance, with race fit, carbon sole, and over-arch ratchet for optimal power transfer: \$120.70. Upgrade to the Swix Team Special pole for a 100% carbon shaft, thermoplastic-cork grip, and pro-fit strap: \$50.

33% OFF Salomon S-Lab Carbon Skate Ski Package: \$955.24 - 2019 Salomon S-Lab Carbon Skate Skis - Yellow. Ski weight: 1000 grams for size 192cm. Side cut 44-43-44 mm. Sizes 177cm (110 to 132 lbs), 182cm (121 to 154 lbs), 187cm (143 to 176 lbs), 192cm (154 to 198 lbs) & 192 Extra Stiff (198 lbs and above). We will hand-pick the best pair of skis according to your weight, ability, and height. This is the ski that made history when Jessie Diggins skied with them on her final leg of the Womens Sprint Relay to win the first Women's Olympic Gold Medal for the USA XC Ski Team in 2018. The only ski with a full carbon construction, the Salomon S-Lab Carbon Skate ski has exceeded our expectations in their unparalleled stability and speed. Composed of thin ply carbon fabrics that utilize thinner laminates, and a stronger and lighter composite than conventional carbon fabrics, this ski delivers huge improvements in torsional rigidity, power transmission, and responsiveness. Thin, low profile tip and tail cut weight and swing weight – each ski weighs a mere 500 grams allowing for improved ski return and less fatigue. What we're really excited about is how unbelievably stable these skis are; unique construction featuring 45 degree carbon weaving gives a noticeable 20% improvement in torsion/flexion ratio, meaning you can ride the ski longer and relax more. All this plus a Nomex



core, World Cup G5 Zeolit base and World Cup Grinding make this groundbreaking ski from Salomon worth every bit of attention. The 'Yellow' model is optimized for universal and compact snow conditions. XC Ski HQ Demo Rating: *****. List price: \$800

– 2019 Salomon RS Carbon or RS Vitane Carbon ProLink Skate Boots. Sizes Women's 6 to Men's sizes 13. 1200g per pair (size men's 9). This ultra comfortable, high performance skate boot comes equipped with a carbon skating plate chassis, Sensifit envelopment for maximum comfort, S-Lab cuff and 3D Energyzer for faster ski return, Custom Fit liner with thermo-molding sole, and a lace cover with diagonal zippers that stay zipped. ProLink sole makes it compatible with NNN and ProLink bindings. Vitane Carbon boot is engineered with a women's specific design. An excellent boot for fitness skiers, racers, and those who want great performance and lasting comfort without paying top dollar. XC Ski HQ Demo Rating: ****3/4 List price: \$350

- 2019 Xcelerator Skate NNN NIS Bindings. Not only is this NNN NIS binding very light, but the fit is extremely precise, giving more stability, control and better ski feel. The Dual Flexor system keeps the ski horizontal for ease of use and maximum efficiency, and we love the wide plate for stability and control. This binding slides onto the NIS plate, which allows you to adjust its position for different snow conditions. Demo rating *****. List \$125

- 2019 Swix Quantum Four Poles. Size 135cm – 180cm. Weight for 155cm pole: 192 grams (shaft weight: 82 grams per meter). The Swix Quantum Four is a new carbon composite pole from Swix with high stiffness and durability. This pole comes with a PCU handle with cork-filled thermoplastic grip, and the new Profit 3D strap, which ensures optimal power transfer and comfort. The Large 97 TBS baskets make them a great performer for universal groomed trail conditions. Stiffness: 32mm. Strength: > 75 kp. XC Ski HQ Demo Rating: ***** List price: \$120

The Salomon S-Lab Carbon Skate is the gold standard for skate racing: \$955.24 (List: \$1,420.99) Make this an elite level package by upgrading to the Salomon S-Lab Skate Pro ProLink boot, featuring a fully carbon sole and heel, neoprene inner boot, plus over-the-arch ratcheting strap: \$109.25. Upgrade to the Swix Team Special pole for a 100% carbon shaft, thermoplastic-cork grip, and pro-fit strap: \$50.00.

20% OFF 2019 Fischer Speedmax Skate Ski Package: <mark>\$1069.81</mark>

- 2019 Fischer Speedmax Skate Skis IFP Plus. Weight: 1030 grams for 186cm. World Cup side cut 41-44-44. Sizes 176cm, 181cm, 186cm, and 191cm in Medium and Stiff flexes. We hand-pick the best pair of skis based on the specific skier's height, weight and ability to ensure optimum performance. The Speedmax Skate Plus is Fischer's fastest ski, and one of the fastest on the market. The Fischer Speedmax's revolutionary Cold Base Bonding technology gives it the edge above all other skate skis by allowing the base to retain its original molecular structure. The results are unprecedented gliding properties, wax absorption, grindability, and overall speed. Cold Base Bonding also adds a thermal absorption layer between the ski base and ski body, so that Speedmax skis react with consistency and predictability on the snow, regardless of snow temps. Other features include Diamond Tuned Grinding (DTG), World Cup Plus universal base, Air Core Carbon core, Precision Pairing System, Power Edge, Finish First final base treatment. It's hard to imagine a better skate ski than the Fischer Speedmax. XC Ski HQ Demo Rating: *****. List Price: \$750

– Fischer RC7 Skate Boots. Sizes Womens 5 to Men's 14. Lightweight, comfortable, and are ideal for ambitious skate skiers. Stiff boot flex provides exceptional torsional rigidity for efficient power transfer, and hinged polymer ankle cuff with velcro strap gives lateral stability and generous forward-back range of motion. Polymer crosslink and over-the-arch strap add to the boot's torsional stability, and also 20 help create a close, comfortable, custom fit for high-output skiing. Speedlock Lacing system makes them easy to tighten, and ensures that laces won't loosen on the snow. Feet stay comfortable, warm and dry with Triple-F climate controlling membrane, Comfort Guard insulation, and Cleansport NXT odor eliminating enzyme. These boots have a race fit, yet are extremely comfortable and provide top-level skating performance. XC Ski HQ Demo Rating: ****1/2. List price: \$329

– 2019 Turnamic Race Pro Skate IFP Bindings. These lightweight bindings, which slide onto a premounted plate, are intuitive and easy to use. Wide binding plate and secure, manual binding attachment allow for maximum power transfer to the skis. Added stabilizer on the Race Pro Skate bindings give it an edge for absolute best stability and power transmission. With quick, tool-free adjustability, they are easy to slide forward for more control, and back for more glide. This is binding technology at its finest. XC Ski HQ Demo Rating: *****. List Price: \$115

- 2019 Swix Quantum Four Poles. Size 135cm – 180cm. Weight for 155cm pole: 192 grams (shaft weight: 82 grams per meter). The Swix Quantum Four is a new carbon composite pole from Swix with high stiffness and durability. This pole comes with a PCU handle with cork-filled thermoplastic grip, and the new Profit 3D strap, which ensures optimal power transfer and comfort. The Large 97 TBS baskets make them a great performer for universal groomed trail conditions. Stiffness: 32mm. Strength: > 75 kp. XC Ski HQ Demo Rating: ***** List price: \$120

This Fischer Speedmax offers the absolute highest level of performance: \$1069.81 (List: \$1339.99) BOOT UPGRADES: Fischer RCS Carbonlite Skate boots for over-the-arch ratcheting strap and carbon cuff and sole: \$120.70, OR Fischer Speedmax Skate boots with seamless carbon fiber molding and minimalist approach for best-in-class performance: \$351.10. POLE UPGRADES: Swix 100% carbon Team Special poles for lighter, stronger poling performance: \$50, OR Swix Triac 3.0 IPM carbon composite poles for premium lightness, stiffness, and overall performance: \$359.

Junior Ski Packages

Call 1.800.832.2663 to order, or shop at CrossCountrySki.com!

29% OFF Salomon Team Race Grip Junior Package: \$221.70

– **2019 Salomon Team Race Grip Junior No-Wax Classic Skis. S**ide cut 51/47/50mm. Sizing 0 to 10 centimeters above skier height, younger skiers are sized closer to head height. These durable, versatile skis can go just about anywhere, including groomed trails and backyards. These skis are especially great for kids because they are easy to maneuver and wide enough to offer great stability. With the Salomon G2 Nowax base, kids can get very easy kick and fast, controllable glide. This ski package includes membership in our Kids Trade-In Program, and is great way to get your kids involved in one of the healthiest, life-long, outdoor activities there is! Use in and out of trail 50-50. XC Ski HQ Demo Rating ****1/2 List: \$105

– **2019 Salomon Team Boots.** US sizes: Kids 7K to Boys 5.5 or Girls 6.5. Faux fur lining and wool forefoot ensure warmth, and over the ankle support make the Team a very stable and comfortable junior boot. Easy to get on and take off, too! Use on and off trail (50-50). Demo Rating **** List price: \$90

- 2019 Salomon Access Junior Bindings. A durable, easy-to-use junior binding. Junior flexor gives just the right balance of control and flexibility for skiers weighing under 135 lbs. Use on and off trail (50-50) Demo Rating: ****. List price: \$60

- 2019 Salomon Escape Junior Poles. Sizes: 90cm to 130 cm. Tapered aluminum shaft, cozy padded strap, comfy foam grip, and an asymmetric basket make this a light, sturdy, and

versatile pole. Demo Rating ****. Use on and off trail (50-50). List price \$30

This kids cross country ski package works well and "grows with them" as part of the **Kids Trade-In** Program. A great investment in authentic wintertime fun for just \$221.70 (List price: \$310.99)

***Kids Trade-In Program:** When child grows into a larger boot size, you can trade in the boots for larger boots from our trade-in program for the cost of approx \$20 – \$30. To trade in for larger skis (but still junior length) the cost is approx \$20 to \$40. When the child grows into adult sized skis, the cost to trade up from junior to adult skis and bindings in the trade-in program is approximately \$95 to \$125.

25% OFF Fischer SCS Skate Junior Ski Package: \$288.66

- Fischer SCS Junior Skate Skis. Weight 890g for size 131cm. Side cut 41/44/44mm. Sizes 121cm (44 to 64 lbs), 131 cm (44 to 64 lbs), 141cm (55 to 77 lbs), 151 (66 to 88 lbs), and 161cm (86 to 108 lbs). The Fischer SCS Junior Skate skis are ideal for a kids skate ski package, because they are easy to use, durable, and get great glide. Features like Air Channel core and Ultra Tuning give these Fischer junior skate skis a step up and make them a great choice for both recreation and beginner racing. We size these skis so that they are short enough for your child to be able to turn and climb with ease. Watch out; your kids may get hooked on skating when it's this fun and easy! Use on groomed trail only. XC Ski HQ Demo Rating: ***3/4. List price: \$140

- Fischer Junior Combi Boots. US sizes 3 to 8.5 Boys and 4 to 9.5 Girls. This confortable and warm junior boot works great for skating and classic skiing. Plastic Ankle Support Cuff ASC3 with Velcro strap offers stability and supports ankle alignment for accurate push-off. Zippered lace cover ensures dry feet, and easy entry loops make them a breeze to get on. Demo Rating: ****. List price: \$139

– Fischer Turnamic Tour Step-In Junior Binding IFP. Lightweight with easy step-in entry, this durable binding delivers great performance for recreational skiing. Demo Rating: ****. List price: \$49

– Salomon Escape Junior or Escape Poles. Sizes: 80cm to 130 cm. Tapered shaft and an asymmetric basket. Demo Rating ********. Use on and off trail (50-50). List: \$35

A fun, great performing, easy to use kids skate ski package for only \$288.66 (List price: \$383.99)

Junior Skate Race Upgrade: Upgrade to the Fischer RCS Junior Skate Ski and Fischer Turnamic Race Skate Junior Bindings for a top level junior race package: \$82.46.





2019 Michigan Cup Race Schedule M = Men W = Women J = Juniors C = Classic F = Freestyle

DEC						
8	Straights Striders Race	5-10K	All	Boyne Falls		
15	Lakes of the North Winter Start	10K Freestyle	All	Mancelona	Participation Points	
16	Forbush Time Trial	7K Freestyle	All	Frederic		
) Tour de Michewaye	Freestyle/Multi-Event	All	Michewaye	Participation Points	
JANU						
5	Michigan Cup Party Tour	Laps for 6 hours - Freestyle	All	Grayling	Participation Points	
12	Frosty Freestyle	7.5-15K Freestyle	All	Brighton		
13	Krazy Klassic	10K Classic	All	Brighton		
19	Cote Dame Marie Loppet	6(J))-13(W)-26(M)K Freestyle	All	Grayling		
26	Noquemanon	25 & 50K Classic or Freestyle	Srs	Marquette		
	UARY				Check	
2 9	White Pine Stampede	10(J)-20(WM)-50(WM)K, C & F	All	Mancelona	NordicSkiRacer.com	
	North American Vasa Freestyle	12(J)-28(WM)-51(WM)K, F	All	Traverse City		
10	North American Vasa Classic	15(WM)- 34(WM)K, C	All	Traverse City	for up-to-date	
15	Michigan High School Championships		Jrs	Ishpeming	Michigan Cup	
16	Forbush Corner Freestyle	17K Freestyle	Srs	Frederic	0 1	
17	Hanson Hills Classic	12K Classic	All	Grayling	schedule & news!	
23	Boyne Mountain Vistas	10K Freestyle	All	Boyne Falls		
24	Muffin Race - Cross Country Ski HQ	2x4.5K Team Sprint Relay	Jrs	Higgins Lake		
MAR						
2 3	Black Mountain Classic	34K Classic	Srs	Cheboygan		
3	Black Mountain Freestyle	34K Freestyle	Srs	Cheboygan		
10	Mi Cup Relays - Cross Country Ski HQ	3x6K 1 leg Classic-2 legs Free	All	Higgins Lake	Team Points Only	
2018 Michigan Cup Final Standings			MI	Cup E	Brumbaugh Cup	
1	VASA Ski Club	-	38,2	86	1,050	
2	Cross Country Ski Headquarter	s	29,6	23	1,574	
3	Hanson Hills/CCSS		24,6	10	817	
4	Grand Rapids Nordic Ski Club		24,1		1,094	
-	ar and r ange and r for all of		, -		=,	

- 5 Nordic Ski Racer
- 6 University of Michigan
- Straight Striders

Inspired by USA Gold Medal, Michigan Cup Relay Recap by Mike Muha Muffin Race changes to Team Sprint Format

In a last minute decision inspired by Jessie Diggins' and Kikkan Randall's gold medal at the Olympics in PyongCheng, last year's Muffin Race committee decided to switch the race to a Team Sprint format for the 2018 race. The response was overwhelmingly enthusiastic, so much so that the change is carrying forward into this year!

In this freestyle "relay" race, two skiers will form a team. Each skier will ski a total of 3 laps around a 1.5km course, handing off to their teammate between each lap, totaling 6 laps per team. Registration begins at 9am on Sunday, and we will shoot for a 10:30am start. This is a Michigan Cup Junior Race. Medals will be awarded to the top 3 finishers in the girls division, boys division, and coed division, and awards will also be given for best costumes! The Mini Muffin Race for skiers 12 and under will remain the same, and all skiers receive a Pig Roast Lunch and award ceremony. Join us Sunday, February 24th for this vear's Muffin Race!



Local Youth form Nordic Ski Team!

A group of 12 Roscommon-area youth came winter, and they are looking forward to another great race of the season, the Muffin Race. season!

who has recently relocated to the Higgins Lake area never skied before.

It took a week of hard work, but the folks at the Cross Country Ski Headquarters hauled snow over a 2 kilometer section of trail to make sure there were great conditions for the 2018 Michigan Cup Relays held March 11th, 2018. The "John Deer Trail" (sections of the Rolling Hills and Trapper's Cabin trails) had excellent skating conditions and classic tracks. Racers in the three-leg relays each skied 2 laps on the loop for a total of 4km per skier. The trail was fairly flat (doublepole classic time!) except for a longish steep climb up the Rolling Hills trail where the doublepolers in the classic leg (first leg of the relay) had a bit of a struggle. Legs two and three were freestyle, and most people skated. The course held up nicely for the entire

1,229

2,470

3,007

18,930

5,157

3,470



It was a great day of fun competition, with relay teams from almost all the Michigan Cup teams making the podium. Team Vasa came away with the overall win for the Michigan Cup, and the Hanson Hills/CCSS team won back the Brumbaugh Cup. See you at XC Ski HQ for this year's MI Cup Relays on Sunday, March 10th!

race.

The group was extremely enthusiastic and learned together to form a junior nordic ski team this past quickly. They performed especially well in the last junior

The team is looking forward to building on the Veteran Michigan Cup skier, Wendy Anderson, momentum from last year with more practices and races, more team members, and team jerseys this season. If composed of mostly local cross country runners you'd like to support the team, please join them for their between the ages of 10 and 16, many of whom had Hot Dog Roast Fundraiser at our Season Opening Sale October 27th & 28th!

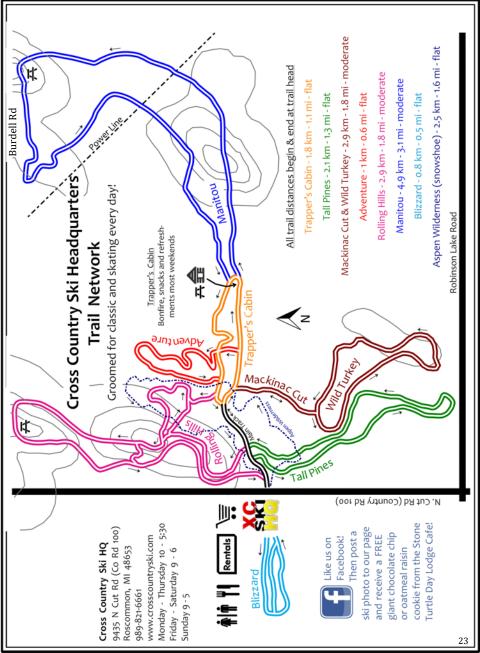
Generations

Being part of the crew at Cross Country Ski Headquarters has some great rewards. One of the best is the many friendships we have made with our customers and their families, some of which through the years have become multigenerational skiing families!

One of the coolest things is seeing the parents of youngsters - who were once youngsters themselves - bring their kids in to learn to XC ski. Since 1974, we have watched kids grow up skiing with their parents, who have since become parents who now bring *their* kids XC skiing. A lot of



them took a hiatus at some point – either moving out of state or trying another winter activity like downhill skiing – but after starting a family, they come back to XC skiing because it is the perfect family winter sport. Some parents still have the skis they ended up with from our Kids Trade In Program! It is truly gratifying to watch families grow and to be able to know them and help them enjoy one of the greatest winter sports there is: Cross Country Skiing!



Cross Country Ski Headquarters Rentals and Lessons

Cross Country Ski Headquarters has over 150 pairs of ski rental packages for classic X-C skiing, back country skiing, and skate skiing. We also have dozens of snowshoes in our rental program. We can fit toddler size 6 to Men's size 15. Rentals include the newest technology no-wax and skate skis and boots from Fischer, Rossignol, Salomon, Atomic & Alpina. We use all current binding systems. If you have never skied before, our staff will escort you to the trail, help you get your skis on and teach you how to get up after you fall down! Private lessons are also available.

All Rentals include Headquarters Facilities Pass (\$9 value per adult per day)

			High Perform .	9	Snowshoes & Ski Walking Poles
	X-C Ski	Junior	BC, & Skating	Pulk Sled	Walking Poles
1 hour Rental Package	. \$13.00	\$10.00	\$16.00	\$12.00	\$11.00
3 Hour Rental Package	\$16.00	\$13.00	\$20.00	\$15.00	\$14.00
24 hour Rental	\$20.00	\$15.00	\$26.00	\$20.00	\$17.00
3-Day Rental:	\$40.00	\$30.00	\$48.00	\$34.00	\$30.00
*3-Day rates are not available during Christmas - New Years Holiday, MLK & Presidents Wknd					

Cross Country Ski and Snowshoe through the Heart of Pure Michigan!

Michigan is home to some of the best cross country ski and snowshoe trails in the country, and the North Central Lower Michigan region - the Heart of Michigan offers a unique concentration of beautiful, diverse, well-maintained trails.

1. Cross Country Ski Headquarters is a top resource for cross country skiing in North America, offering over 11 miles of trails, which are groomed every day in the winter, plus a huge retail section, rentals, lessons, a cafe, day lodge, and bathrooms. 2. North Higgins Lake State Park Trails.

Featuring a 6-mile loop, 4-mile loop, and a couple shorter loops, these trails are beautiful and are occasionally groomed.

3. The **Marl Lake Trails** start from the parking lot at Marl Lake, across from the South Higgins Lake State Park. The longest of the 3 loops is 5.5 miles. Ungroomed, "skied-in" tracks can usually be found.

4. Tisdale Triangle trail system in the village of Roscommon is composed of 4 loops ranging from 3 to 6 miles near the AuSable River. They are occasionally groomed for classic skiing.

5. The Mason Tract is a gorgeous singletrack pathway, most of which is along the AuSable River. It is a point-to-point trail, roughly 9 miles one-way, and groomed weekly for classic skiing.

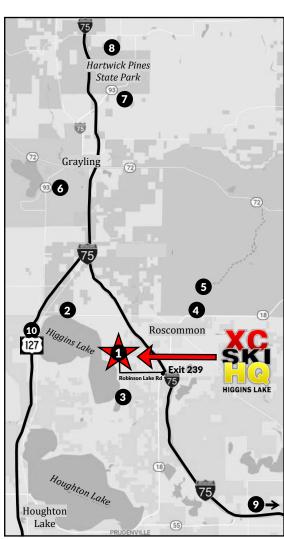
6. Hanson Hills features a heated lodge with bathrooms and a small snack bar, a designated classic ski trail, a designated snowshoe trail, plus over 20 miles of combined classic and skating trails. Trails are groomed daily in the winter.

7. Hartwick Pines offers over 18 miles of trails, and is a favorite for many who wish to escape into the quiet of the woods. Occasional groomed for classic and skating.

8. Forbush Corner features one of the best groomed trail experiences in the state. With a cozy lodge with a potbelly stove, kitchen, and small shop, Forbush offers a unique XC ski experience. Open Fri-Mon.

9. Ogemaw Hills Pathway consists of numerous loops that wind through approximately 15 miles of the AuSable State Forest, with classic tracks usually set.

10. The West Higgins Lake Cross Country Ski Trail in Lyon Township is a perfect 5-kilometer loop, not usually groomed, but there are often skied-in classic tracks. <u>Lesson Rates (1 hour):</u> \$50: 1 Person +\$15 each additional person *Facilities Pass: Adult: \$9 Child: \$5*



Where is Cross Country Ski Headquarters?

On the middle knuckle of your middle finger on the back of your left hand, in the Heart of Pure Michigan. Just 1½ hours from The Tri-Cities, 2-2 ½ hours from Lansing, Grand Rapids, and Greater Detroit!

- From NB I-75: Exit 239, turn left and continue over overpass. Then turn right (west) on Robinson Lake Road (also CR 103). Go 3 miles to blinking light, then turn right (north) on N Cut Rd (also CR 100) and head north ½ mile.
- ²⁴• From NB US-127: Exit 201, turn right and head east 9 miles.

Area Lodging & Dining Guide

AREA LODGING Ask about the "XC Ski & Stay" deal at these fine lodging destinations!

Odder's Den Cross Country Skiers' Rental Home – Located on XC Ski HQ trail system. Perfect for your cross country ski holiday. Reserve early. Call 989-745-4741 or email mccluret333@gmail.com.

North Winds Lodge - Next door to XC Ski HQ. Simple, clean lodging. Recently remodeled.

www. Northwindslodging.com or 989-965-1398.

Shields' Houses – 5 minutes from XC Ski HQ. Two lakefront houses for rent on Higgins Lake. 248-212-1440 for John's house that sleeps up to 8 and 505 425 2707 for Susie's house that sleeps up to 12. www.shieldshouses.com Higgins Lake Sunset Cottages - 5 minutes from XC Ski HQ. Two cottages for rent on Higgins Lake. Front cottage sleeps 14, back cottage sleeps 6. Call 248-396-1101 or email djandjenhill@gmail.com (also listed on VRBO).

Driftwood Resort - 10 minutes from XC Ski HQ. Five cottages, 2 or 3 bedrooms each, on the N. shore of Houghton Lake. In-room fireplaces and large recreation room! 989-422-5229. www.driftwoodresort-fun.com

Foughts Resort - 10 minutes from XC SKI HQ, On North Shore of Houghton Lake - 8 rustic cabins, 127 Oneida Dr, Houghton Lake. 989 366 8253 www.foughtsresort.com

Grayling Super 8 Motel – 10 minutes from XC Ski HQ. A clean, affordable motel between Higgins Lake and Grayling. Convenient I-75 exit 251 access. 989-348-8888. www.super8.com/grayling

Springbrook Inn – 15 minutes from XC Ski HQ. A luxury bed and breakfast! Wonderful ambiance, clean, and an onsite tiki bar and restaurant. Located in Prudenville. 989-366-6347. Two night stay (Sunday through Thursday) for \$269. Includes hot breakfast served to your room. www.springbrookinn.com

Days Inn of Grayling - 15 minutes from XC Ski HQ. 2556 I-75 Business Loop, Grayling. 989-344-0204

Ramada Grayling Hotel - 15 minutes from XC Ski HQ. 2650 I-75 Business Loop, Grayling. 989-348-7611

Lakeside Resort and Conference center – 15 minutes from XC Ski HQ. Clean and modern hotel on Houghton Lake. On-site indoor water park with slide, lazy river and hot tub & restaurant. 989-422-4000 www.lakesideresortmi.com

Gates Au Sable Lodge - 20 minutes from XC SKI HQ. Some of the best lodging on the AuSable. Rooms on the river. Onsite fly fishing shop, guides, and expertise. 471 Stephan Bridge Rd, Grayling. 989-348-8462 gateslodge.com

Beachfront Hotel – 20 minutes from XC Ski HQ. Very clean, indoor heated pool and spa, complimentary continental breakfast, fitness room, etc. Located in Houghton Lake. 989-202-4700 www.beachfronthl.com

Fay's Motel – 20 minutes from XC Ski HQ. Pet Friendly. Located in Grayling. 800-257-3010. www.faysmotel.com Houghton Lake Super 8 Motel – 20 minutes from XC Ski HQ. Clean and affordable. Indoor pool. 989-422-3119. www.super8.com/HoughtonLake

Borcher's AuSable River B&B – 20 minutes from XC Ski HQ. Quaint B&B right on the beautiful AuSable River. Located in Grayling. 989-348-4921. www.canoeborchers.com

AuSable Riverview Resort – 30 minutes from XC Ski HQ. A huge 7 bedroom lodge, plus 6 cabins and a new bunkhouse on the AuSable River, 1320 S McMasters Bridge Rd, Grayling MI 49738, Cabins have full kitchens. 810-845-8128 for reservations. www.ausablecabins.com

Copper Fox Lodge and Gold Fox Lodge 40 minutes from XC Ski HQ. These furnished 3 bedroom log cabins, originally constructed in 1940s, are located literally on the banks of the world renowned Au Sable River. 703-964-7533. www.copperfoxlodge.com and www.goldfoxlodge.com

Chambers and Visitors Councils: Higgins Lake Roscommon - 989-275-8760 www.hlrcc.com, Grayling - 800-YES-8837 www.grayling-mi.com, Houghton Lake Tourism - 800-676-5330- www.visithoughtonlake.com

NEARBY RESTAURANTS

Stone Turtle Day Lodge - Onsite, famous homemade spicy chili, panini sandwiches, fresh baked cookies, weekend specials, vegetarian options. Huge Fireplace. 989-821-6661

The Bird & The Bear - Cafe ¼ mile from HQ. Great breakfast, pastries, lunch and coffee. 989-273-1300

Ausable Baking Co. - Sandwiches, quiche, pastries & coffee. 205 N. 5th Street, Roscommon. 989-281-1330 ausablebakingco.com Fred's - Great restaurant with bowling and bar. Downtown Roscommon. 989-275-6565 fredsofroscommon.com

Paddle Hard Brewing - Lots of craft beer, fun ambiance, stone fired pizzas and tacos. 15% off your food bill with XC Ski HQ Facilities Pass. 227 E Michigan Ave, Grayling. 989-745-6388. paddlehardbrewing.com



Spike's Keg O Nails, Great Burgers and drink. 301 N. James St., Grayling. 989-348-7113. spikes-grayling.com Ray's Barbeque, Brews and Blues – Great food, excellent cocktails, beautiful rustic-chic ambiance right on the AuSable River in downtown Grayling. 989-348-1515

The Spikehorn - "Up North" pub with friendly staff. 4955 E Houghton Lake Dr., Houghton Lake^f 989-366-9698. **Landmark -** Great breakfasts. 5937 W. Higgins Lake Dr, Roscommon. 989-821-9382.

Matt's Lake Street Grill & Pizzeria - Good breakfast, lunch and dinner. 312 Lake St, Roscommon. 989-281-1136 **East Bay Grille and Frog Tiki Bar** Casual Fine Dining and fun at the Springbrook Inn. Thurs - Sat only. 565 W West Branch Rd, Prudenville. 989-366-6347 springbrookinn.com

BC Pizza, They deliver to Higgins Lake area. Downtown Roscommon. 989-275-1500

Dead Bear Brewing Co. - Huge draft beer list and good food. 2552 S1-75 Business Loop, Grayling. 989-745-6289 Buccilli's Pizza - Great pizza! 2949 W Houghton Lake Dr (M-55), Prudenville. 989-366-5374. buccillispizza.net Willow Tree - Great option for traveling along I-75. Casual Fine Dining. SKIER SPECIAL: Show your XC Ski HQ pass or store receipt and get 2 appetizers, 2 entrees, 1 bottle of wine to share, and 2 desserts for \$56! 633 Court St (M-33), West Branch. 989-345-0660. willowtreedining.com. Also valid for Traverse City and Saginaw locations.

Bearing Down: *Behind-the-scenes in PyongCheng*

(cont. from page 3) knew we had to be really sharp because this was our last and best chance for a medal. Oleg, one of the full-time guys, and I were hammering out the testing until the very last minute, and we barely got on course to watch the actual race. And it's an interesting race, because it's the one time you can kind of see what the other countries are doing for wax, because there are two guys in the box racing to get a pair of skis done in the 3 minutes that the other athlete is racing. Russia and the US were basically the only teams who tested until the very end, and we [USA] ended up doing something different than everyone else; every other country used some kind of liquid application and mechanical rotocork or roto-brush, and we were using powder that we hand corked in and hand brushed out. I can't take anything away from those athletes, and how strong they are, especially Diggins and how aggressive and how good she is at downhills, but we had good skis that day, and I'm proud to have played a part in that by just bearing down. When we find something that works, that's what we use and we don't try to second guess it. It happened to be a different wax and a different method that day, and so it was pretty cool to have helped in that decision process.

HQ: I have to ask: what kind of wax was used on Kikkan and Jessie's skis?

EB: I appreciate the question, and the answer is I don't know. It was a mix. We never know exactly what wax is on the skis we're testing. It keeps us honest and unbiased. Our team had mixed a couple different waxes that day for some reason.

HQ: What's the pressure like for the Wax Team?

EB: It's huge, and we just try to keep each other in check, because the pressure can get the best of you and take away from your focus. The main thing is that this is the athletes' big moment and you just don't want to screw it up. Of course, it's even more intense in places like Norway. But we like being the underdogs, and I think our strength is not having egos get in the way, and no one's offended by people questioning each other and letting the testing speak for itself. We get to work straight from breakfast, usually 6-8 hours before the race on a race day, or 3-4 hours on a training day, and start with some organizing and thinking, then go into a meeting and then just split up the work. We all show up together, we all leave together, we all live or die together by the results of the athletes. So it's super high adrenaline and stressful, and super fun to be right there in the mix.

HQ: Do you think a certain level of camaraderie sets team USA apart from other countries?

EB: Oh yeah. There is a history of our coaches being invited to speak at coaches conferences in other countries, or other teams wanting to come train with the American girls to try to see what it's all about. It really is like the other countries are trying to jump on the band wagon by painting their flags on their cheeks, like we've been doing all along. We've got the glitter though, nobody else can have the glitter.

HQ: Talk about the momentum post-Olympics. What does this gold medal mean for the sport?

EB: When someone on your team breaks the barriers, it makes it easier for you. That's what's happened on this women's team. There's going to be more medals now for sure. It's easier now because they did it. So that momentum is a real thing. There's a big World Championships coming up on a course that Sophie [Caldwell] did well on last year in Seefeld, so I'm pretty excited about that.

HQ: Do you foresee an upsurge in Nordic participation across the country as a result?

EB: It's been refreshing to see how many people followed this story outside of the ski fan closed group, so the sport is bound to grow I think.

HQ: What's one piece of advice you would give to, say, a Michigan Cup ski racer in regards to race wax prep?

EB: Keep it simple.

Read the complete interview at http://www.cross-countryski.com/bearing-down.html



The Olympic Wax Team in the Wax Truck, celebrating the first Gold Medal in Nordic for Team USA $_{
m 26}$

Skin Skis (continued from page 3) multitude of user feedback, we think skiers should consider buying a pair of skin skis if they fall into one of two categories: First, the no-wax skier who wants a step up in performance from a traditional mechanical base (also known as "fish-scale" or "crown" base). Second, the waxable skier who wants a no-wax ski that works nearly as well as a wax ski, and even better than a wax ski in some conditions.

For the no-wax skier, let's first compare the performance of a mechanical base versus a skin base. On warm (+30F) snow, or on days where there is fresh-fallen, high humidity snow, the most frustrating part of a mechanical base is when snow clumps up on the kick zone, which makes the skis feel like extra long snowshoes (tip: fluoronated rub-on glide wax prevents this problem). Skin skis, on the other hand, do not face this clumping problem, because the skins are manufactured with sophisticated materials like Teflon, which do a great job of repelling that build-up. So right out of the gate, skin skis avoid a frustrating problem that has always plagued mechanical-based skis.

For grip performance, in some conditions, the mechanical bases are right on par with skins; however, we've found that across a wide range of snow conditions, the skins give more consistent and reliable kick, especially in hard and icy tracks. Perhaps it's the millions of pliable skin fibers that grab onto ice and crust. Whatever it is, the improved traction of skin skis is noticeable. As for glide, in most conditions, skin skis have better glide than mechanical-based skis. By design, the skin grip sections are shorter than mechanical grip sections, leaving a greater ratio of the ski base dedicated to glide (longer tips and tails). This North America, agrees: "Our approach to optimizing the performance of the Twin Skins is the easy adjustability of the Turnamic bindings to find the ideal balance of grip and glide."

All in all, in most conditions, skin skis outperform mechanical-based skis on grip and glide, especially with an adjustable binding.

Now for the waxable skiers. It is widely accepted that a properly-waxed ski will far outpace a traditional no-wax ski when it comes to glide. But will it beat the newer, high-performance skin skis, like this year's Fischer Twin Skin Speedmax? The answer depends on snow conditions, and honestly, on a skier's ability to wax well. In easy waxing conditions - where the temperature is cold and consistent and the snow is not too icy - a well-waxed ski will still outperform a skin ski. However, skin skis can and often do outperform waxable skis when wax conditions are especially challenging and/or changing.

In reality, many skiers face challenging and/or changing wax conditions more often than they'd probably like. Generally, longer ski sessions have a higher likelihood of changing snow conditions, as do ski sessions in the early and late season. Plus, on any day, skiing between wooded/shaded trail and open/sunny trail can make it nearly impossible to properly wax for cold packed snow one minute and warm soft snow the next. Sure, some skiers enjoy and excel at the challenge of waxing on days like that. But many skiers would rather skip the headache if they knew they had a really reliable, great performing no-wax option, especially one that may outperform their waxed skis anyway. And that is exactly what a good skin ski has to offer. Skin skis provide consistently good performance in basically all conditions, but in changing conditions, they actually have the potential to outperform a wax ski.



shorter grip zone means less drag and longer, smoother, quieter glide. The only time we have found the skins to create drag is in especially soft snow, like when a skier is gliding down a fast hill in a well-packed track, and then hops onto the softer snow of the skate lane and immediately feels that drag of the skins (tip: lean back on your heels). Because skins tend to drag in softer snow, they are not a great choice for breaking your own trail. Currently, the widest Skin skis available are the Atomic Mover Skintec at 51mm (pg 8), and the Rossignol R-Skin Evolution at 51mm (pg 6).

Because of the shortened grip zone on skin skis, we have found that having adjustable bindings to help dial in the kick is extremely valuable. Steve Reeder, Head of Nordic for Fischer So, are skin skis the silver-bullet-holy-grail no-wax skis that waxable skiers have been waiting for? It depends on the conditions, but it also depends on the skier. At minimum, skin skis make a fantastic option for training, and provide as close a feel to wax skis as we've ever seen from a no-wax. At best, skin skis perform so well that they are actually being used by good skiers on the race course in challenging wax conditions. Your best bet is to head to Cross Country Ski Headquarters and try some. You never know, once you get a pair, you may reach for them more often than you think!

Check out our catalog, where you can find our full selection of skin skis starting on page 6, or online at www.CrossCountrySki.com! 27

Pants & Tights

Warm - Weather-Resistant - Breathable - Comfortable

SWIX DELDA LIGHT SOFTSHELL PANTS

Breathability, freedom of movement, and warmth for all of your active winter adventures. The Delda Light pant is Swix's best-seller, and has a wind- and water-resistant, stretchy softshell panel on the front to protect against the cold, while still allowing full range of motion. Stretchy, brushed and breathable back panel keeps you from overheating, and also makes them very comfortable. Ergonomic pre-shaped knees ensure a great fit with no knee-tugging, and ankle zips make them easy to get on and off. One zippered back pocket is just enough for essentials. We especially like the wide elastic waistband, which is very comfortable for both men and women. Reflective accents make them a great choice not just for skiing but for cold weather running and cycling. These athletic-cut pants fit more like tights on most people, making them a great, aerodynamic choice for hitting the trails! Mens S-XXL, Womens XS-XL. Black. List price: \$110 **SALE PRICE: \$93.50**





BJORN DAEHLIE EFFECT PANTS

Perfect for recreational touring and fitness skiing, and also a great warmup pant for racing. Great on their own, or with a base layer underneath for extra cold days, the Effect pants are a sensible choice for just about any skier. Softshell front panels block the snow and wind, and articulated knees prevent tugging and provide optimal range of motion for Nordic skiing. The back of these pants are stretchy and very breathable, and full side zippers make them a breeze to get on and off. Other features include elastic waist with drawstring, two zippered hand pockets, reflectivity, and silicon band inside ankle cuff to prevent slipping off the outside of your boots. A nearly perfect XC ski pant at a great price! Men's S-XXL. Women's XS-XL. Black. List Price: \$100 **SALE PRICE: \$85**

LOUIS GARNEAU ALCOVE HYBRID PANTS

Technical, warm pants with breathable insulation. Featuring Polartec Alpha insulation, the most breathable insulation on the market, the Louis Garneau Alcove Hybrid Pants keep their wearers warm and comfortable on colder ski days. This hightech insulation has a water-resistant DWR finish, and is body-mapped in panels on the front thigh and seat for warmth where you need it most. Strategic, brushed, 4-way-stretch panels on the sides and lower legs maintain a comfortable inner climate, while moving moisture away from the skin. Made for Nordic skiing, these pants allow for free range of motion. Other great features include two zippered hand pockets, reflectivity, and drawstring waist with zipper/snap fly closure. A top choice for a high performing, cold-weather pant! Men's S-XL, Women's S-XL. Black. List Price: \$120 **SALE PRICE: \$108**



SALOMON LIGHTNING/RS WARM SOFTSHELL PANTS

A comfortable, great-performing hybrid pant for ski touring and training. The Salomon Lightning (women)/RS (men) Warm Softshell pants are a favorite for their great fit and functionality. Suitable in most conditions as a standalone pant, these "active fit" pants are plenty stretchy enough to accommodate base layer for ultra cold days. Improved AdvancedSkin Shield softshell material in the front is sturdy enough to keep out the cold and wind, yet stretchy enough to keep its wearer comfortable. Micro grid fleece back panel tranfers excess heat and moisture away from the body, and is also extra cozy against the skin. Other features include ankle zips for easy on and off, 2 zippered hand pockets, and reflectivity. Black. Women's Sizes XS-XL. Men's Sizes S-XXL. List price: \$140 SALE PRICE: \$119

Psst! These and many more styles are available in the store or by phone. Please call 1.800.832.2663 to speak to a personal shopping specialist, or visit CrossCountrySki.com.

SWIX CORVARA PANTS

Warm, comfortable, and great looking. The Swix Corvara softshell pants are loved by many skiers, and for good reason. These warm, comfortable pants are made of slightly thicker softshell panels on the front than our other hybrids, so they protect from the elements exceedingly well. The stretchy, breathable panels on the backs of the legs are brushed with cozy fleece on the inside, so they feel like a warm hug all the way around your legs. Snap and zipper fly make them look especially sharp, and two zipper hand pockets are ready for phones, keys, or hands! Ankle Zips make for easy on and off, and allow for a close fit around top of ski boots. These pants are warm enough to be worn on their own 99% of the time, and they also make a great snowshoe pant! Available in Black. Men's S-XXL. Women's XS-XL. List price: \$120. SALE PRICE: \$102.



SPORTHILL 3SP

Our best selling line of XC ski pants. Based in Eugene Oregon, **Sporthill** changed the game in cross country ski clothing by creating their signature fabric called 3SP. What's so great about it? Well, it's a densely woven, polypropelene / spandex knit, that is windproof up to 35 mph. Brushed on the

inside for softness, it dries fast, sheds rain and snow, and keeps its wearers warm and protected from wind. Tested and proven worldwide since 1991, these pants have been worn by Olympic Champions like Bill Koch, as well as thousands of other cross country skiers who swear by this unique fabric, ideal for cross country skiing and snowshoeing. According to Sporthill: "Ounce for ounce, 3SP is the warmest fabric on the planet!"How's that for a bold statement? Believe us, this fabric really works. Try it in these styles:

<< **XC Pant:** Relaxed classic fit, tapered ankles with 12^{'''} offset leg zips, flat fit waist band with drawstring, zippered hand pockets, classic stitched front leg crease and chafe-free flatlock stitching along the inseams, make this 3SP pant one of our best sellers of all time! Black. Men's S-XXL Short length in M & L. Longs in M,L,XL. Women's: XS-XL Petite in S,M,L. Long in S,M,L. List Price: \$140 SALE PRICE: \$112

<< **Terrain II Pant** (men's) and **Traverse II Pant** (women's): The men's Terrain II 3SP Pant features a clean, straight roomy fit with slightly tapered leg and no leg zips, wide elastic waist with drawcord, chafe-free flatlocked inseams and 2 zippered hand pockets. Black. S-XXL Short: M,L Long: M,L,XL. List Price: \$126 SALE PRICE: \$99.99 The women's Traverse II 3SP Pant has a wide leg, cut straight from the hip, flat front waistband with

great fitting elastic back waist. It also has 2 zippered hand pockets and chafe-free inseams and has proven to be one of our most popular women's pants! With a very flattering fit, they just look great on! Black. XS-XL Petite: S,M,L. Long: S,M,L. List Price: \$140 SALE PRICE: \$112 The Callaghan / Winter Fit Pant >> Slim, straight legs, mid-rise, elastic drawcord waist, reflective piping along sides, chafe-free flatlocked inseams, ankle zips with gripper elastic inside the cuffs

and zippered hand pockets complete the features list, and make this pant a nice close fitting pant and almost a tight; also nice for winter running or biking. *Winter Fit is the current model and has more subdued reflective piping. Black. Men's: S-XXL Short: M,L. Long: M,L. Women's XS-XL. Petite: S,M,L. Long: S,M,L. Callaghan List Price: \$ 135 SALE PRICE: \$108 Winter Fit List Price: \$140 SALE PRICE: \$112

MOUNTAIN HARDWEAR YUMALINO PANTS

The Yumalino/Yumalina pant from Mountain Hardwear is one of our favorites for cold weather XC skiing and snowshoeing, and also makes a great all-around winter pant. Stretchy softshell fabric on the outside offers serious protection from snow, wind and cold,

while lightweight fleece keeps you warm and cozy on the inside. The Yumalino/Yumalina is made of lightweight, water and wind repellent, Switchback softshell (88% nylon, 12% elastane) and is lined with 100% polyester microfleece creating an incredibly awesome, ultimately versatile winter pant suitable for work or play. The Yumalino (men's version) has hand pockets, back pockets and a zipper side pocket, and is available in Black. Waist sizes 28-42 (evens only plus 33), and in lengths:

Short (30"), Regular (32"), Long (34"). The Yumalina (Women's version) has a back pocket, and is available in Black. Sizes 2-16 plus lengths: Petite (30"), Regular (32"), Tal (34").

List Price: \$85 SALE PRICE: \$72.25

XC SKI & SNOWSHOE JACKETS

Swix Xtraining Jacket

A comfortable, lightweight XC ski jacket that gets the job done. This jacket's "modern classic fit" provides plenty of range of motion and comfort for every body type. Active mesh lining moves moisture away from your body to keep you dry, and Polyester microfiber outer fabric is wind and water resistant to protect you from the elements. What's extra nice about this jacket is the stretch panel in the back, which not only allows for freedom of movement, but allows extra body heat and perspiration to escape. Soft Lycra collar and cuffs feel cozy against your skin, draw cord hem allows for easy fit adjustment and two zippered hand pockets are convenient for storing energy gels, keys or a phone/camera. A great jacket for a great price! Mens: Magnet S-XL. Womens: White/Majolica Blue S-XL. List Price: \$90 SALE PRICE: \$76.50

Bjorn Daehlie Effect Jacket

This all-around XC ski jacket is versatile, comfortable, and a great value! Made of a windproof softshell material with fleece inside, this jacket will block wind and snow while keeping you warm and dry. Tricot paneling at the back provides optimal breathability and stretch, and ensures that you won't overheat. Bjorn Daehlie's Bionic Finish Eco ensures durability in the material, both in the form of long-lasting colors and its ability to withstand weather. Other features include articulated sleeves to maximize mobility, interior elastic cuffs, and bottom hem adjuster. Comes with two zippered hand pockets. Generous, relaxed fit. A perfect jacket for touring the winter landscape on cross country skis! Men's: Blue S-XL. Women's: Light Blue S-XL. List Price: \$100 SALE PRICE: \$85

Swix Delda Light Jacket

5

A proven, mid-weight jacket that sets the bar for cross country ski performance. The Delda jacket is a hybrid, with lightweight softshell on the front, sleeves and shoulders that keeps you warm and protected from the elements. Breathable, fleece-backed stretch panels on the back and under sleeves wick away sweat and provide free range of motion. Other features include pre-shaped sleeves, stretch cuffs, two zippered hand pockets, chest pocket, and two easy-access back pockets. This jacket fits great and looks awesome! Men's: Swix Red and Black, S-XXL. Women's: Black and Mykonos Blue, S-XL List Price: \$165 SALE PRICE: \$140.25

Salomon Lightning/RS Warm Softshell Jacket

A comfortable, warm softshell jacket for ski touring or training on any winter day. The Salomon Lightning (women)/RS (men) Warm Softshell jacket is feature-loaded and a winner for winter. Mapped out on the front, sleeves, and lower back is Softshell 3L with Micro Grid Fleece backing. This provides not only protection from wind and snow on the outside, but cozy comfort and wicking capabilities on the inside as well. The stretch panels on the under arms and upper back is 4-way stretch double weave with brushed back, so feels soft and warm, and also moves moisture away from the skin and allows for excess heat to escape. The result is a comfortable jacket with plenty of warmth, but one which still has all the freedom of movement and ventilation it needs to keep its wearer comfortable when working up a sweat. Other features include 2 zippered hand pockets, reflective detailing, articulated sleeves, and hem adjustment. Men's: Surf the Web Blue, S-XXL. Women's: Hibiscus and Deep Lagoon, S-XL. List

The North Face Nordic Ventrix Jacket

The go-to jacket for protection from the elements on the coldest winter days.

New from The North Face is an excellent touring jacket with targeted insulation for warmth. The Nordic Ventrix jacket features PrimaLoft Gold insulation in the front panel, and its proprietary Ventrix lining on the sides and back panels. Ventrix is an adaptable, lightweight insulation with small perforations that allow excess heat and perspiration to escape when aerobic output is high, so that the wearer doesn't overheat and "sweat out" the jacket. During times of less activity, the perforations stay closed to keep in the warmth. Other features include a highly functional,



3-piece hood, internal cord lock on collar,

media-compatible welt hand pockets, internal chest pocket, and reflectivity. This slim-fitting jacket is a big favorite for cold, windy ski days! Men's: Turkish Sea and Asphalt Grey, M-XXL. Women's: Fig and Black, S-XL List price: \$160 **SALE PRICE: \$136**

Louis Garneau Cove Hybrid Jacket

A technical jacket that perfectly balances warmth with breathability. Featuring Polartec Alpha insulation, the most breathable insulation on the

market, the Louis Garneau Cove Hybrid Jacket regulates body temperature better than most. This high-tech insulation has a water-resistant DWR finish, and is body-mapped on the front, upper sleeves, and part of the back for protection where you need it most. With strategic, brushed, 4-way-stretch panels mapped onto the sides and back, skiers can rest assured that this jacket is taking care of not just their inner climate, but also moving moisture away from sweat zones and keeping them comfortable. Made for Nordic skiing, this jacket allows for ample range of motion, so you can move freely and get the most out of every ski session. Other great features include two zippered hand pockets (located higher on waist to accommodate a hydration belt), interior stow pocket, reflectivity, drawstring hem, and optional thumb loops. A top choice for a high performing, coldweather jacket! Men's: Blue Heather and Black/Grey, M-XXL. Women's: Blue Heather and Black, S-XL. List Price: \$150 SALE PRICE: \$135

Swix Menali Jacket

The perfect jacket for warmth, comfort and style. If you want a warm ski jacket that looks sharp enough to wear just about anywhere, the Swix Menali is the jacket for you. This jacket has 100 grams of quilted insulation on the front, back and sleeves, plus it features stretchy,

ack and sleeves, bits it features stretch fleecy breathable Lycra panels under the arms and along the sides. It's a comfortable cut, with 2 zippered hand pockets, 1 zippered pocket on the back and an internal media pocket. Swix says its their favorite style because "it feels perfect." We agree! Men's: Lime, Light Grey Heather, S-XXL. Women's Dusty Floral Print, Mykonos Blue, Light Grey

Heather, S-XL. List Price: \$165 SALE PRICE: \$140.25

Hi there! These and many more styles are available in the store or by phone. Please call 1.800.832.2663 to speak to a personal shopping specialist, or visit CrossCountrySki.com. ₃₁

BASE LAYER: *STAY DRY!* Terramar Cloud Nine CS Base Layer 2.0 and Thermolator CS 2.0

Our best selling base layer, Terramar Cloud Nine (for women) and Thermolator CS (for men), is warm, lightweight, and incredibly comfortable. Using Thermoregulation comfort technology, the Cloud Nine and Thermolator keep you feeling warm and dry in all conditions. The four-way stretch fabric (polyester and spandex) fits close to skin and allows full range of motion for even the most

demanding activities. The Cloud Nine and Thermolator fabric also wicks moisture away from skin as you perspire, and dries extremely quickly so that you stay dry even as you sweat. Anti-microbial technology inhibits the growth of odor-causing bacteria, while the brushed surface provides extra warmth and comfort. Strategically placed mesh panels enable ventilation for optimal breathability, and flat-lock seams ensure no chafing.



This is undoubtedly one of the best values in all of the base layer world! Crew Neck Tops and Pants sold separately. Men's S-XXXL. Women's: XS-XL List Price: \$35 **SALE PRICE: \$29.99** Plus sizes: List Price: \$40 SALE PRICE: \$34. Also available in Women's Turtleneck and Men's and Women's Half Zip.

More base layer styles and brands available in-store and by phone! Call 1.800.832.2663.

MID LAYER: STAY WARM! Swix Myrene Mid Laver

This soft and warm mid layer is great for XC skiing, as well as plenty of other outdoor activities like running, mountain biking, and winter pubcrawling! It's smooth on the outside and brushed on the inside, making it ideal for layering. It's a polyester /spandex fleece blend, so it moves with you and helps to keep your body temp constant. The fabric also wicks perspiration away from skin, so you stay dry and happy. Lightweight and highly breathable, this versatile little number can be used as a first OR second layer,

depending on the weather outside and your activity level. Men's: Heather Light Grey and Fire Red, S-XL. Women's: Black Nordic Print and Black/Grey Nordic Print, S-XL. List Price: \$70 **SALE PRICE: \$59.50**

Terramar Ecolator / Vertix Half Zip Fleece Top

This stretch fleece mid layer is one of the best values we have ever seen in the XC ski clothing world. Called a "Killer Value" in the winter Outside Magazine Buyer's Guide, the Ecolator/Ventrix delivers warmth, breathability, and comfort for optimal layering performance. High loft channels efficiently trap air and allow moisture to move quickly away from the body. ClimaSense Carbon thermo-regulating technology helps maintain a stable internal climate, and flat lock seams and four way stretch make it especially good for range of motion activities, like cross country skiing, winter running/hiking and more. Quarter length zipper lets you vent with ease, and zipper garage protects chin from chafing. This versatile top can be worn over base layer and under a shell on the cold days, or by itself under a shell on milder days. Once you put this baby on, you won't want to take it off!

<u>Men's Black, Ash Heather: S-XXL.</u> List Price: \$60 **SALE PRICE: \$48** Women's Black, Smoke Heather: S-XL.

List Price: \$55 SALE PRICE: \$44

Women's Plus Sizes Black: 1X-2X List Price: \$60 SALE PRICE: \$48

GLOVES & MITTENS

System 1: Toko Classic Glove

Our favorite lightweight glove is just warm enough for skiers whose hands are always hot, or for warmer weather skiing or racing. The polyester/Lycra outer shell protects from wind and cold while still allowing for lots of breathability, and the Chamude palm with silicon offers comfort and grip. Reinforced thumb patch adds durability, and tapered, stretchy cuff means no chilly air creeping in around the wrists. They're also washable! List Price: \$45 **SALE PRICE: \$37.50**

System 2: Auclair Skater Glove

Auclair is one of our favorite manufacturers of gloves and mittens. The lightly brushed fleece lining, 5mm of thermal foam insulation, plus windblocking barrier on the back of the hand keep hands warm and cozy. The 4-way stretch mesh outer fabric makes for a great fit, as does the adjustable velcro wrist strap. Their best feature is the goatskin palm. Highly durable and very comfortable, goatskin keeps hands warm while gripping cold pole handles! The Skaters are sleek and easily fit into glove straps. List Price: \$45 SALE PRICE: \$33.75

System 3: Auclair Lillihammer Glove/Gigatex Mitten

This glove and mitten is exactly like the Skater (it even looks the same!), except warmer. They have 150 grams of 3M Thinsulate Platinum insulation in them, so you can ski when it's too cold for most. Glove list price: \$65 SALE PRICE: \$49.99 Mitten list price: \$55 SALE PRICE: \$44

System 4: Toko Arctic Glove/Mitten/Split Mitt

Toko's warmest nordic glove and mitten use Thinsulate insulation and Windblocker Outershell, and are made specifically for cross country skiing. These gloves/mittens move and flex with your hand, while maintaining optimal warmth and protection on the coldest ski days. Other features include Chamude palm, Terry thumb patch, Knit cuff, Sizes 5-12. Glove List Price: \$53 SALE: \$47.70 Mitten List Price: \$45 SALE: \$40.50 Split Mitt List Price: \$50 SALE: \$45

SNOWSHOES

Call 1.800.832.2663 to order, or shop at CrossCountrySki.com!

Tubbs Flex STP >> The FLEX STP makes snow-shoeing as affordable as its ever been. Instead of a traditional aluminum frame and soft decking, you get a solid Torsion Deck with softer Flex Tail, and a simple Quick-Pull binding. Mens 24". Womens 22". MSRP \$99.95 Call for SALE Price.

Tubbs Fontier >> A perfect choice for long short hikes; reliable and or comfortable. We love its 180EZ Binding for its amazing functionality and ease of use. Mens 25", 30". Womens 21", 25". MSRP \$159.95 Call for SALE Price.

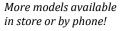
Tubbs Wayfinder >> Just like the Frontier, but with a BOA CustomWrap binding! A great choice for trail walking, this snowshoe's binding is integrated with the heel strap, making it quick and easy to put on and Mens 25", 30". create the perfect fit. Womens 21", 25". MSRP \$189.95 Call for SALE Price.

Tubbs Wilderness >> Superior support, comfort and traction! The 180PRO Bindings have added padding, robust heel support, and easy-adjust heel strap. ActiveLift heel lift takes some work off of the long climbs. Cobra crampons for premium traction. Mens 25", 30". Womens 21", 25". MSRP \$199.95 Call for our SALE Price.











Snow-Making (cont. from pg 3) dense, man-made snow than to actually spread the snow on the trail. To speed up the snow-loading process, it only made sense to acquire another tractor with a fair-sized bucket to help expedite the loading process. This addition will greatly improve our efficiency in covering the trail surface with snow, and provide skiers with better ski conditions in less time.

An extra benefit from all this snow spreading is better trail flow due to trail widening! In order to pull the 25-foot snow-spreading rig through the twistier sections of the Trapper's Cabin trail, Trail Doctors Mike and Tony have worked tirelessly this summer and fall to smooth and widen some selected tight turns, which will result in faster turn-around times for the Spreader, and much smoother tracked turns for classic skiers. The efficiency gains from both the added tractor and the trail work will hopefully mean less "trail under construction" down-time, and potentially even added trail distance of manmade snow. One thing you can be sure of is that, no matter what Mother Nature gives us for weather, you will be able to find reliably good conditions at Cross Country Ski Headquarters this winter! (Oh, and if Murphy is reading this, we hope he'll enforce his law this winter!)

Record-Breaking Snow!

They say "it's not nice to fool Mother Nature." Well she sure fooled us! Our biggest snowfall of last season came in April, when many of us had already put storage wax on our skis, put them away and moved on to Spring! April 14th found us and the rest of Northern Michigan in the middle of the biggest, and latest, winter storm we'd ever seen in our 44 years of being in the cross country ski business. It came in many forms; heavy wet snow, ice pellets and just ice. But it ended up being quite groomable, and Mike commenced grooming immediately! The snow eventually firmed up and groomers Mike and Bob were able to groom all the trails.

This was indeed amazing, since we hadn't had enough snow to groom all of the trails since early March. We had fantastic, late season groomed skiing for about a week and many believers enjoyed some excellent conditions!! The crew at XC SKI HQ is always looking for a reason to celebrate, so celebrate we did. Our History Making Spring Ski Party was held on Saturday April 21st. We ate, drank and were merry while Bob challenged the group to a race whereby he would ski and the other racers would run. It turned out that all the runners were sprinters, and they all beat Bob. It was wonderful to end our season reveling in the joyous camaraderie that occurs when skiers get together, and in the overall snowy winters we continue to enjoy in Northern Michigan!



Junior Muffin Race & Michigan Cup Relays (both held onsite), REI Frosty Freestyle / Krazy Klassic at Huron Meadows in Brighton, North American Vasa in Traverse City, Cote Dame Marie Loppet in Grayling, White Pine Stampede in Mancelona, and Black Mountain Races in Cheboygan WW.GRAYLINGNORDIC.CO *989-348-9266* 2019 january 19 **GRAYLING, MICHIGAN** Cote Dame Marie & Ski Loppet FREE KIDS RACE **26KM Men's Michigan Cup Division 13KM Women's Michigan Cup Division** 7.5KM Juniors Race 7.5KM Citizen Skate/Classic Divison** *Part of the Michigan Cup Fun Series Stampede ine 42nd Annual REGISTER NOW! (231) 587-8812 www.whitepinestampede.org CHILDREN'S HOSPITAL OF MICHIGAN FOUNDATION Feb 2, 2019 WING - CHEN North American Vasa Freestyle Skiing & Fat Bike Races Saturday, 2.9.19 . 28km Hagerty 51km Insurance NNUA Back this year Vasa Classic Collegiate (6km, 16km, & 34km) Challenge 2.10.19 (11km fs & 16km cl) Traverse City, MI REGISTER NOW www.vasa.org

It's all about Glide: A Beginner's Lesson in Cross Country Skiing

Gliding on snow is a magical feeling. It's like moving with less resistance, as though gravity has less pull. Learning to glide on cross country skis is often compared to learning to ride a bicycle. Once you get the hang of it, it's a piece of cake! It really creates a feeling of accomplishment for the skier when starting to actually glide on the skis, and usually all that is needed is a little instruction. That is why we offer a free lesson every Saturday at 10:30am during the snowy season!

From 4- year-olds to 94- year-olds, the conclusion after taking a lesson is mostly the same: Gliding on snow is really fun! But to get to that point,



you have to start with the basics, like learning how to put on your skis and poles correctly. Once that is accomplished, the next big thing to learn is how to get up from a fall. Why is that so important? Well, Old Ski Instructor Bob, who has been giving ski lessons for over 40 years, has discovered that the largest factor in determining whether a new skier will keep on skiing is if he or she can get up after falling down! So, right out of the gate, you learn how to "get up in reverse" by safely lowering yourself onto the snow in reverse order of how you will get up. Then, you repeat those same steps to get yourself back onto your feet with confidence, ready to continue down the trail. This also helps you realize that falling down isn't a big deal – everyone does it!

During the next part of the lesson, you will learn the classical diagonal stride (or skate skiing if it is a skate lesson). The technique is simple – just like walking or running – and eventually you will begin shifting your weight a little more and gliding from ski to ski. That's when the magic really starts to happen! The gliding sensation is quite addicting, and when done on a smooth trail surrounded by a beautiful winter landscape, most people don't want to stop!

At this point in the lesson, you learn how to climb and descend hills. Some people are afraid of hills, which is why you will learn a fool-proof way of climbing up, and a very safe method for controlling your speed going down. It is also worth noting that there are some trails at XC Ski HQ that avoid hills completely, so no one ever has to go up or down a hill if they really don't want to (although we think hills are a whole lot of fun!). You will also learn how to turn and go around corners.

Finally, for the last portion of the lesson, you will embark on a mini guided ski tour to Trapper's Cabin! Your instructor will lead you down the groomed, wooded ski trail, where you can really start to get into a rhythm with your glide. From there it becomes more and more effortless, and before you know it, you're really cross country skiing! The rest of the day is yours for exploring different ski trails, enjoying a cup of hot cocoa at the Trapper's Cabin bonfire, or skiing back to the Lodge for a delicious lunch before heading back out again.

Invite your friends to join you for a fun time at the 10:30am Free Lesson. If you need to rent equipment, just show up at the rental desk by 10:15am to get outfitted. Plus, if you mention to Old Bob that you read this article, he'll do 10 pushups during the "getting up" part of the lesson!

2018 - 2019 Event Calendar

Saturday, Oct 27th – Sunday, Oct 28th, 2018 Season Opening Sale, Cider Press & Hay Rides! amongst the beautiful fall colors on our ski trails! Starting this weekend, we are open daily You can also walk the trails - feel free to bring from 9am-6pm Fri-Sat, 9am-5pm Sun, and 10am- your dog or even your bicycle – and don't miss 5:30pm Mon-Thurs. Shop the largest selection the Roscommon Junior Ski Team Hot Dog Roast! of 2018-19 ski equipment and winter clothing Oct 29th to Nov 21st - Pre-Season Sale! of the year at the Season Opening Sale! This The Pre-Season Sale continues with the same includes cross country skis, boots, bindings, and great specials that were offered on the Season poles, plus complete ski packages on sale from Opening Sale. This includes all the clothing 20-40% off and starting at just \$259. Shop a vast specials and closeout prices! The Pre-Season Sale selection from Fischer, Rossignol, Salomon, Atom- is the best time of year to shop due to our huge ic, Alpina, and Swix, and get your questions an- inventory and low, pre-season prices. Plus, lack swered by our experienced staff of XC experts. of crowds ensure that you get lots of one-on-one

All shoppers will enjoy bargains on winter attention from a ski fitting specialist. clothing from The North Face, Columbia, Patago- Friday, Nov 23rd – Monday, Nov 26th, 2018 nia, Swix, Smartwool, Louis Garneau, Mountain Thanksgiving Weekend Sale Hardwear, Salomon, Sporthill, Kari Traa, Skhoop, **-Bean Bomb Black Friday:** Shop our Black Fri-Craft, Bjorn Daehlie, Woolrich and more. **Choose** day Sale, and enjoy Bob's homemade Bean Bomb! from our extensive variety of XC ski clothing This culinary triumph, tested and perfected over **and active winter outerwear, plus cozy, winter** the decades, is an important part of XC Ski HQ lifestyle clothing. From hitting the ski trails to culture that is not to be missed. Of course, you relaxing by the fire, your complete winter ward- can also shop exciting Black Friday deals on skis robe is here at prices that can't be beat. **Best of all,** and clothing in a refreshingly relaxed atmolast year's skis and clothing are on clearance sphere. Doors open at 9am! for 30 to 60% off! Score sweet deals on winter -Smartwool Small Business Saturday: Celejackets from Columbia and North Face, sweat- brate small business with Buy-2-Get-1-Free ers and fleece from Woolrich, Smartwool, Pa- Smartwool Socks! Limit 2 free socks per customer. tagonia, and XC ski clothing from Salomon, -Fashion Show Sunday: View this season's most Craft, Bjorn Daehlie and more.

rides and hot dogs! Throughout the weekend, latest and greatest outdoor winter apparel, and help yourself to freshly pressed cider from our 35 giving away a FREE pint glass to any shopper

vintage cider press, and enjoy a scenic hay ride

awesome clothing on living, breathing XC Ski HQ Last but not least, join us for fresh cider, hay models! They will be dressed to impress in the who purchases something a crew member is wear- this season, and hone in our strategy to bring ing!

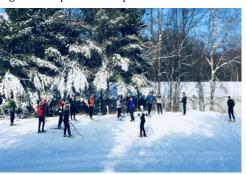
All Thanksgiving Weekend (including Monday): Buy a ski package and get FREE neck tube! Enjoy the full XC Ski HQ ski-fitting experience: a seasoned ski specialist will help you pick from over 40 custom made XC ski packages for recreational, racing, or back country skiing. You'll get fitted for the perfect boots, sized for the right length skis and poles, and then relax or browse the clothing department while we install your bindings and prep your ski bases – about 10 minutes. As always, we guarantee that you have to love your equipment, or you have to bring it back!

December 1st, 2018: Rolling Hills, Trapper's Cabin, Mackinac Cut and Wild Turkey Trails Open, Headlamp Night Skiing Begins

If we have received enough snow by December 1st, we will groom Rolling Hills, Trapper's Cabin, Mackinac Cut and Wild Turkey Trails. All 18 kilometers of trail will be groomed by December 3rd, snow permitting! Take advantage of this early season opportunity to demo skis that are still on sale at Pre-Season prices! Also, headlamp rentals are available for \$5 per night.

December 8th, 2018 - Saturday: Ski Clinic with Jordyn Ross, Wax Clinic, & Team Dinner

After a highly successful clinic series last year, Northern Michigan University Nordic Alum, Jordyn Ross, returns to lead this year's clinic. Jordyn has a keen eye for technique and a great coaching style, and brings fresh experience from one of the best training programs in the country: NMU. She also uses video feedback, which is highly useful in helping skiers improve technique.



Level 1-2 Classic Clinic: 9:30am – 10:45am Level 2-3 Classic Clinic: 11:15am – 12:30pm Level 1-2 Skate Clinic: 1:00pm - 2:15pm Level 2-3 Skate Clinic: 2:45pm – 4:00pm

The cost per clinic is \$15, or two for \$25. Space is limited, so sign up soon by calling 800-832-2663 or emailing info@crosscountryski.com. If there is not enough snow, we will reschedule the clinic to December 15th.

The Wax Clinic starts at 4:30pm. After an Olympic year, you can be sure that there will be a lot of new waxing tips and techniques to learn! This clinic is appropriate for racers as well as recreational skiers, and will cover waxing technique for skating and classic. There is no charge for this clinic.

Finally, the XC SKI HQ Team dinner follows the wax clinic, beginning at 6:00pm. Come join the 2004, '07, '08, '09, '10 '13, '14, and 2015 Michigan Cup Champions (also the '10, '11 and 2013 Brumbaugh Cup Champions) in our annual kick-off potluck dinner. We'll introduce new team members, talk about what's new in the Michigan Cup

home the cups this year. Other topics will include team training dates, and upcoming race info.

This event always ends up being a lot of fun, so even if you think you might only do one race this season, you are invited to come and enjoy this annual gathering of the most fun-loving skiers in Michigan, Ohio, Wisconsin and Pennsylvania.

Don't forget, we are very welcoming to new team members! Our team spans a wide range of age and ability, and members are always willing to help out fellow skiers. To find out more, join us on Team Night, or call or email Frank Rynalski at 989-686-8484 or frankrynalski@gmail.com, or Mariah Frye Colie at info@crosscountryski.com December 15th, 22nd, 29th, January 5th, 12th, 19th, 26th, February 2nd, 9th, 16th, 23rd, March 2nd, 9th, & 16th - Saturdays at 10:30am: Free Cross Country Ski Lesson! Learn how to cross country ski at our Saturday free ski lesson! This beginner lesson teaches the basics of cross country skiing, including classic diagonal stride and/or skate skiing, hill climbing and descending, and turning. We even teach you how to get up after you fall down! Each lesson ends with a mini ski tour to Trapper's Cabin, where skiers can purchase hot cocoa and relax by the bonfire. Adults and children are welcome. Ski rentals are available; please sign in at the rental desk no later than 10:15am. The free lesson lasts about 1 hour.

December 21st – Friday, 6:00pm to 8:00pm: Full Moon Night Skiing

Experience the magic of winter under the moonlight, and the light of rustic torches! Enjoy night skiing along a torchlit trail to Trapper's Cabin, where a bonfire and hot chocolate await you. The torches and bonfire are lit from 6pm to 8pm. Skiers or snowshoers who need to rent equipment must do so by 7pm. Join us for an enchanted evening amidst the beauty of the night forest!

December 22nd – Saturday 12:00pm to 3:00pm **Trapper Santa at the Cabin!**

Ski or snowshoe to Trapper's Cabin to find Trapper Santa! This rustic, jubilant Santa will be tending the bonfire, roasting chestnuts, and telling wintery tales to kids from 1 to 92. Join him for free hot cocoa and lots of Christmas spirit!

December 24th, Christmas Eve: Open until 3:00pm.

December 25th, Christmas Day: Cross Country Ski Headquarters Store is closed on Christmas Day. Parking lot and trails are open on the house. Merry Christmas!

January 2nd – 31st, 2019: McDonald's Discover Michigan Skiing Program

Cross Country Ski Headquarters has teamed up with Michigan's McDonalds restaurants to offer an exciting and very affordable introduction to the sport of Cross Country Skiing in Michigan. The program is designed to introduce a healthy outdoor winter activity to anyone with an interest in outdoor winter recreation.

The program includes a group lesson, ski equipment rental, and XC SKI HQ facilities pass for the day. The price for this Discover Michigan Skiing program is \$20 for adults and children 6 years and older. The lesson covers basic maneuvering on skis, including classic technique, turning, controlling speed going downhill, and getting up from a fall. At the end of the month, participants receive a \$20-off coupon valid at participating

³⁶Michigan Ski Industries Association ski shops.

The Discover Michigan group lesson starts at 12:00pm on Saturdays throughout the month of January, but if you have a group of 4 or more, you may schedule a "private" group lesson most any day or time. In either case, sign in at the rental desk at least 15 minutes prior to the lesson time to get fitted for ski equipment. Please pre-register by calling 800-832-2663.

Jan 5th – Saturday 10:30am to 3:30pm: GLWTC "Pure Michigan" Winter Trails Day

Entering its 22nd year, Cross Country Ski Headquarters and the Great Lakes Winter Trails Council present the "Pure Michigan" Winter Trails Day! Adults Sun Deck and children receive a free Facilities Pass and cross A favorite XC Ski HQ tradition, Paella on the Sun Deck country ski or snowshoe lesson, plus a complimenta- celebrates the world-renowned and absolutely ry hot cocoa and hot dog cookout on the ski trails. delicious rice dish that originates in Spain, and offers Equipment rentals are available for a special re- skiers a hearty, flavorful (and entertaining!) feast. duced rate. Bring your friends and family, and dis- Bob and Lynne learned the method from Paella chef cover how fun winter in Northern Michigan can be!

Check-in is at 10:00am. Please make sure you are pre-registered. Check-in is followed by outfitting in rental snowshoes, or XC boots, skis and poles for a reduced rate of \$9 per adult and \$6 per child.

10:30am: X-C Ski & Snowshoe group lesson. Learn the basics of cross country skiing and snowshoeing, including going up and down hills, and how to fall down and get back up!

11:30am: Ski out to Trappers Cabin for Hot Dogs, a bonfire and Hot Cocoa, all on the house. After lunch at the Cabin, skiers and snowshoers will have the choice of exploring more trails, or heading back to Cross Country Ski Headquarters.

5:30pm (or earlier): Skiers return from their tours and return snowshoes, boots, skis & poles. They are invited to relax in front of the fireplace in the Stone Turtle Day Lodge anytime throughout the day.

Preregistration is required for this event. Space is limited, so please email your name, phone number, of XC skiing or snowshoeing and choice to info@crosscountryski.com or call 800-832-2663.

January 5th & 6th - Sat & Sun, Noon to 3:00pm: Get vour Fill at the Grill - Fire on the Mountain!

Grill Cook Missy will make a special appearance on the Stone Turtle Day Lodge Sun Deck to Fire Grill your choice of Salmon Burgers, Lean Beef Burgers or Black Bean Veggie Burgers. Choose your entree and Missy will grill it to perfection. If you dare, ask that your entree be cooked "Fire on the Mountain Style" - Grilled with sizzling hot sauce and topped with Jalapenos, Lettuce, Tomato, Onion and creamy Buffalo Blue Cheese dressing!

Jan 7th – 11th – Monday through Friday: Silver Streak Week

If you are age 60 or older, you are entitled to a complimentary XC SKI HQ Facilities Pass, plus a coffee or hot cocoa on the house, all week long! Enjoy our meticulously groomed trails, relax in our cozy Day Lodge with its huge fieldstone fire place, peruse the menu at the Stone Turtle Café, and try out a pair of new skis or boots for FREE at our demo center!

Jan 8th to Feb 12th - Every Tuesday, 4:00pm -5:30pm: 4-H Junior Ski Program

Kids are invited to join our 4-H cross country ski program, which meets every Tuesday during this 6-week period. This annual program teaches kids from Kindergarten through 8th grade how to cross country ski and skate ski for a nominal fee. Kids must register through the Roscommon 4-H Extension Office. Program includes ski rentals and ski instruction, and parents are encouraged to ski with the kids! Parents who volunteer to ski with the kids will receive free ski rentals. This program culminates with 7 constituent of 2

the 4-H Olympics and Hot Dog Roast on Tuesday, February 12th!

Jan 12th – Saturday Noon to 3:00pm: Fire Grilled Pizzas on the Sun Deck

Build your own gourmet flatbread pizza and have it grilled to perfection on our wood-fired Sun Deck barbeque pit! Choose from a variety of toppings to create your own pizza masterpiece, and enjoy the satisfying flavors of delicious fire cooked crust, savory sauce, bubbling cheese and fresh toppings.

Jan 20th - Sunday 1:00pm & 3:00pm: Paella on the

master Ayo while visiting Nerja, Spain, and are excited to serve this traditional dish to hungry skiers at XC Ski HQ. Prepared in a massive cast iron pan over an outdoor fire pit, this lunch is almost as enjoyable to watch being cooked as it is to eat! Served piping hot with Saffron-spiced chicken, shrimp and vegetables, this dish will be presented in two seatings: 1:00pm and 3:00pm. Buen Provecho!



Jan 18th - Friday, 6:00pm to 8:00pm: Full Moon Night Skiing

Experience the magic of winter under the moonlight, and the light of rustic torches! Enjoy night skiing along a torchlit trail to Trapper's Cabin, where a bonfire and hot chocolate await you. The torches and bonfire are lit from 6pm to 8pm. Skiers or snowshoers who need to rent equipment must do so by 7pm. Join us for an enchanted evening amidst the beauty of the night forest!

Jan 19th – Saturday 10:00am: Stretch and Slide - A Yoga-Ski Retreat!

Stretch and Slide begins at 10:00am with a yoga class at the Gerrish Township Municipal Building (1 mile south of XC Ski HQ), and continues with a full day ski/snowshoe rental and group lesson at 12:00pm (facilities pass included!). Also included after the lesson is a homemade chili lunch (classic or vegetarian) at the Stone Turtle Day Lodge Café at Cross Country Ski Headquarters. Spend the rest of the day enjoying the serenity of the beautiful Michigan winter forests on the pristinely groomed Headquarters ski trails, or relaxing with a mug of hot cocoa by the Stone Turtle Day Lodge fireplace. All are invited to participate, including novices to yoga, skiing or both. Over a \$65 value for \$45 (\$35 if you have your own ski/snowshoe equipment). You will have the opportunity to change from yoga clothes into ski clothes before the ski lesson, or shop our great selection of ski clothing if you need to get Please check in by 9:45. Pre-register outfitted! by calling 800-832-2663 or emailing info@crosscountryski com

Jan 19th., 20th & 21st - Sat, Sun & Mon, Noon to 3:00pm: Gourmet Mac 'n Cheese Bar

The kitchen crew will be raising the bar for comfort food at Cross Country Ski Headquarters this weekend. Using our special recipe for homemade mac 'n cheese, we will be serving steaming bowls of this masterpiece, and skiers can choose from a variety of toppings to create their own mac-sterpiece. We're talking bacon, ham, feta cheese, tomatoes, breadcrumbs, spinach, plus classics like peas and hot dogs. Get ready to indulge after a day on the trails with this favorite American culinary pastime!

Jan26th & 27th - Sat & Sun, Noon to 3:00pm: Get vour Fill at the Grill - Fire on the Mountain!

Grill Cook Missy will make a special appearance on the Stone Turtle Day Lodge Sun Deck to Fire Grill your choice of Salmon Burgers, Lean Beef Burgers or Black Bean Veggie Burgers. Choose your entree and Missy will grill it to perfection. If you dare, ask that your entree be cooked "Fire on the Mountain Style" - Grilled with sizzling hot sauce and topped with Jalapenos, Lettuce, Tomato, Onion and creamy Buffalo Blue Cheese dressing!

Feb 2nd,- Saturday, 11:00am - 4:00pm: Ski the Beer Trail with Paddle Hard Brewing and Michigan Search & Rescue!

Join us for a day of delicious craft beer on the ski trails! Paddle Hard Brewing of Grayling will bring their hops to the snow at Trapper's Cabin, where skiers and snow-shoers can taste some of Michigan's most excellent craft beer and wine, and also enjoy live music from the Whittington Boys Band! The Beer Trail Pass costs \$25 and includes 4 beer tokens. Additional beer tokens may be purchased separately. A Facilities Pass is complimentary for all Beer Trail Pass holders, and a gourmet barbecue lunch will be available for purchase at Trapper's Cabin. Ski and snowshoe rentals are available for a nominal fee on a first come, first served basis, and free mini ski lessons are available upon request.

Plus, stick around to meet the Michigan Search and A favorite XC Ski HQ tradition, Paella on the Sun Deck Rescue team! Michigan Search and Rescue provides services for missing persons response, specifically canine search teams, at no cost. The team is composed of 50 volunteers and 30 dogs, and all the dogs have canine good citizen certification, so are people- and kid-friendly. There will also be dog demos, where the dogs will find missing people (someone hiding in the woods - Airscent Wilderness Dog), and/or find hidden bones (HRD Dog). These demos will take place at 12:00pm, 1:30pm, and 3:00pm on the sun deck/practice area.

Feb 3rd- Sunday, Noon - 3:00pm: Fire Grilled Pizzas on the Sun Deck

Build your own gourmet flatbread pizza and have it grilled to perfection on our wood-fired Sun Deck barbeque pit! Choose from a variety of toppings to create your own pizza masterpiece, and enjoy the satisfying flavors of delicious fire cooked crust, savory sauce, bubbling cheese and fresh toppings.



February 9th, 2019 - Saturday 6:00pm Taste of Gates Dinner & Great AuSable Getaway

Experience the fantastic flavors of Gate's AuSable Lodge, right here at Cross Country Ski Headquarters! Join us for an evening of delicious food, great company, a festive atmosphere, and shopping specials. Gate's renowned head chef, Matt Haley, will serve up a dinner feast to remember, while guests enjoy the romantic ambiance of our rustic day lodge and giant fieldstone fireplace. Plus, all dinner guests are invited to a pre-dinner VIP Happy Hour shopping spree! Enjoy a beverage while shopping our extensive retail selection, and receive an extra 10% off all clothing! Space is limited for this event, so reserve early by calling 989-821-6661. Cost is \$25 and includes dinner and shopping spree discount (drinks not included). Make it a Great AuSable Getaway weekend by enjoying excellent lodging at the AuSable Riverview Resort, offering a discounted rate of \$175 per couple for a cabin, and \$125 for a room in the lodge (regular rates are \$250-270). Stay the whole weekend and choose from a variety of activities: cross country ski rentals and ski lessons at XC Ski HQ, yoga, massage, a guided fly fishing trip, fly tying class, plus other retail and dining specials at Gate's AuSable Lodge, ARR and XC Ski HQ. Call AuSable Riverview Resort at (855) 687-9501 to book!

Feb 9th - Saturday, 12:00pm to 3:30pm: Get your Fill at the Grill - Fire on the Mountain!

Grill Cook Missy will make a special appearance on the Stone Turtle Day Lodge Sun Deck to Fire Grill your choice of Salmon Burgers, Lean Beef Burgers or Black Bean Veggie Burgers. Choose your entree and Missy will grill it to perfection. If you dare, ask that your entree be cooked "Fire on the Mountain Style" with sizzling hot sauce and topped with Jalapenos, Lettuce, Tomato, Onion & Buffalo Blue Cheese sauce! Feb 10th - Sunday 1:00pm & 3:00pm: Paella on the Sun Deck

celebrates the world-renowned and absolutely delicious rice dish that originates in Spain, and offers skiers a hearty, flavorful feast. Bob and Lynne learned the method from Paella chef master Ayo while visiting Nerja, Spain, and are excited to serve this traditional dish to hungry skiers at XC Ski HQ. Prepared in a massive cast iron pan over an outdoor fire pit, this lunch is almost as enjoyable to watch being cooked as it is to eat! Served piping hot with Saffron-spiced chicken, shrimp and vegetables, this dish will be presented in two seatings: 1:00pm and 3:00pm. Buen Provecho!

Feb 15th - Friday 6:00pm - 8:00pm: Winter Fest Night Skiing

Experience the magic of winter under the light of rustic torches! Enjoy Winter Fest night skiing along a torchlit trail to Trapper's Cabin, where a bonfire and hot chocolate await you. The torches and bonfire are lit from 6pm to 8pm. Skiers or snowshoers who need to rent equipment must do so by 7pm. Join us for an enchanted evening amidst the beauty of the night forest! Your purchase of a Winter Fest badge (\$5) is your ticket to this event as well as other local events throughout the weekend.

Feb 16th - Saturday 10:00am: Stretch and Slide: A Yoga-Ski Retreat!

Stretch and Slide begins at 10:00am with a yoga class at the Gerrish Township Municipal Building (1 mile south of XC Ski HQ), and continues with a full day ski/snowshoe rental and group lesson at 12:00pm (facilities pass included!). Also included after the lesson is a homemade chili lunch (classic or vegetarian)

at the Stone Turtle Day Lodge Café at Cross Country

Ski Headquarters. Spend the rest of the day enjoying hold three **Mini Muffin freestyle races:** Ages 6 the serenity of the beautiful Michigan winter forests years and under, 7 to 9 and 10 to 12. All racers 12 on the pristinely groomed Headquarters ski trails, or $\,$ and under will be awarded a medal! There is a \$10relaxing with a mug of hot cocoa by the Stone Turtle entry fee for Muffin Racers 13 and older. There is no Day Lodge fireplace. All are invited to participate, entry fee for the Mini Muffin Racers. All racers including novices to yoga, skiing or both. Over a \$65 receive Pig Roast Lunch. The Pig Roast is \$5 for value for \$45 (\$35 if you have your own equipment). anyone else who might be hungry too. All racers and There will be an opportunity to change from yoga clothes into ski clothes before the ski lesson, and XC Ski HQ has a great selection of ski clothing if you need to get outfitted before the lesson! Please check in by 9:45. То pre-register (recommended), email info@crosscountryski.com or call 800-832-2663.

Feb 16th, 17th & 18th - Saturday, Sunday & Monday, Noon to 4:00pm: Gourmet Chili Bar

Build your own gourmet Chili Lunch! Start with our famous Classic Chili or Veggie Chili. Then head to the Chili Bar and add such toppings as fresh jalapenos, fresh poblano peppers, white onion, red onion, sharp cheddar cheese, feta cheese, sour cream, or strange but delicious favorites like cucumber yogurt or black olives. Have your chili in a bread bowl, or help yourself to some fresh baked cornbread and real butter! You might never be the same!

February 23rd, 2019 – Saturday 9:30am Mason Tract Ski Tour with the Michigan Back-Country Ski Series

(Meet at the Mason Tract Pathway, Roscommon, Chase Bridge Rd Trail head.)

Come join the Michigan Backcountry Ski Series for some of the most beautiful single-track Michigan has to offer. The Mason Tract trail gently rolls alongside the South Branch of the Au Sable River, offering river views, wildlife spectating, and fabulous skiing. The after party will follow at Cross Country Ski Headquarters, where participants can share food, beverages, laughs, and shopping specials.* The after party begins at 2:30 pm. Meet at Chase Bridge at 9:30am, skiing begins at 10:00am. Full tour is a full out and back (approximately 18 miles); however, skiers can ski from Chase Bridge and return to Chase Bridge whenever they would like. Skiers should be self-supported, and keep in mind that due to the tightness of the trail and occasional hills, it is an intermediatelevel ski trail. *Event is free; food and beverages available for purchase.

Feb 23rd - Saturday, 12:00pm to 3:00pm: Get your Fill at the Grill - Fire on the Mountain!

Grill Cook Missy will make a special appearance on the Stone Turtle Day Lodge Sun Deck to Fire Grill your choice of Salmon Burgers, Lean Beef Burgers or Black Bean Veggie Burgers. Choose your entree and Missy will grill it to perfection. If you dare, ask that your entree be cooked "Fire on the Mountain Style" - Grilled with sizzling hot sauce and topped with Jalapenos, Lettuce, Tomato, Onion and creamy Buffalo Blue Cheese dressing.

Feb 24th – Sunday 10:30am: 26th Annual Junior Muffin Team Sprint Relay Race – Freestyle

Join us for the longest standing juniors race in Michigan! The Muffin Race celebrates the fun of youth skiing with a Junior Girls & Boys 6km Team Sprint Relay race. Inspired by the Gold Medal victory by Jessie Diggins and Kikkan Randall in the 2018 Olympics, this freestyle relay race will feature two skiers per relay team. Each skier will ski a total of 3 laps around a 1.5km course, handing off to their teammate between each lap, totaling 6 laps per team. Registration begins at 9:30am on Sunday, and we will shoot for a 10:30am start. This is a Michigan Cup Junior Race. Medals will be awarded to the top 3 finishers in the girls division, boys division, and coed with island style veggies and of course fresh pineapdivision, and awards will also be given for best cos- ple. Celebrate all that is great about spring: long, tumes! After the Muffin Team Sprint Relay Race, we sunny days of great cross country skiing in Michigan!

family members who partake in the Pig Roast will also receive a complimentary 1-day XC SKI HQ facilities pass.



March 2nd - Saturday 1:00pm: Ribs & Blues

Ski A favorite tradition at Cross Country Headquarters, Ribs & Blues features an afternoon of live music from the West Side Blues Band, plus some of the best barbeque in all the land: German Dave's famous slow cooked barbequed ribs! It's a perfect day to hit the trails, and then kick back by the outdoor fire pit and enjoy great music in a festive, while outdoor atmosphere, feasting on succulent ribs, scalloped potatoes, and cole slaw. Cost is \$10 for adults and \$5 for kids 8 and younger.

March 3rd, 2019 – Sunday, Noon – 4:00pm Gourmet Chili Bar

Build your own gourmet Chili Lunch! Start with our famous Classic Chili or Veggie Chili. Then head to the Chili Bar and add such toppings as fresh jalapenos, fresh poblano peppers, white onion, red onion, sharp cheddar cheese, feta cheese, sour cream, or strange but delicious favorites like cucumber yogurt or black olives. Have your chili in a bread bowl, or help yourself to some fresh baked cornbread and real butter! You might never be the same!

March 10th, 2019 - Sunday 9:30am

Michigan Cup Relays at Cross Country Ski Headquarters

Join us for one of the most exciting and entertaining ski races in Michigan! This grand finale race for the Michigan Cup Race Series features a relay race with 3 skiers per team: 2 legs freestyle, one leg classic; approximately 4-6km per leg. You do not have to be a Michigan Cup racer to participate! If you do not have a team but would still like to ski, we will try to find a team for you. Registration starts at 9:30am, and the race starts at 11:00am. The entry Fee is \$20 per racer. All entrees score Team Points.

After the Relays, stick around for the awards ceremony on the sun deck, and enjoy a hearty post-race meal of house-pulled BBQ pork sandwiches, black bean veggie burgers, vanishing scalloped potatoes, and of course our famous home-baked cookies. This postrace meal is included in the race registration fee. Each racer will also receive an official XC SKI HQ pint glass!

March 16th, 2019 - Saturday, Noon - 3:00pm Spring Ski Fest: Hawaiian Barbeque!

Wear your Hawaiian shirt and feast on some of the best Hawaiian Barbeque this side of the Pacific! We will be barbequing locally raised pork hocks, along



Cross Country Skis, fitted especially for you, at the best price, period.

Named "Nordic Skiing Mecca" by Outside Magazine, Cross Country Ski Headquarters is a premier destination for XC skiing and shopping. Visit one of the only "XC only" shops in the nation, whose 44 years of Nordic expertise is sure to give you the best possible cross country ski experience. Whether you're a bold winter adventurer or a recreational outdoors-person, you will be delighted with the service, selection, and quality of experience that you have at XC Ski HQ! For more info, events, web-store and more, visit:

CrossCountrySki.com or call 1.800.832.2663

Ski **Cross Country** Headquarters 9435 N. Cut Rd. Roscommon, MI

Open 7 days a week (except Christmas Day and Thanksgiving Day), from the first weekend of November through March. Also open by appointment all spring, summer and fall.

Get Outfitted

Whether you're an experienced skier or just starting Immerse in the beauty of northern Michigan on our out, our staff of XC experts will outfit you with the ski pristine ski trails, which weave through hundreds of package, snowshoes, clothing and/or accessories that acres of snow-laden forests. Enjoy daily grooming by are perfect for you. See how much fun winter can be Olympic-level Ginzu grooming equipment. All trails with the right clothing and recreation equipment!

Rent and Learn

Rent from our large, modern ski and snowshoe fleet, Relax in front of the huge, fieldstone fireplace at the choosing from affordable hourly, daily, and weekend Stone Turtle Day Lodge and Café. Settle in with a mug rates. PSIA ski instructors are available for ski lessons, $\,$ of cocoa, or enjoy a delicious lunch of artesianal panini or take the free beginner lesson every Saturday at sandwiches or famous chili, or bring your own picnic. 10:30am!

Shop

Enjoy our award winning retail selection, where you Join us for a fun event every weekend throughout the will find great deals on clothing and accessories from winter! Try Full Moon Night Skiing, Ski the Beer favorite outdoor brands. Shop for ski packages and Trail, Ribs & Blues, and many more. Our full event clothing online at crosscountryski.com, or speak to a schedule can be found on page 35 or at ski specialist by calling 1.800.832.2663.

Ski

offer classic tracks and wide, smooth skating lanes.

Eat

Don't forget our heated bathrooms!

Have Fun!

crosscountryski.com

Become a Trail Sponsor! The best deal in MI for great XC skiing! Your sponsorship helps make possible these ongoing efforts:

- Upkeep of sun-deck and bonfire pit, Stone Turtle Day Lodge, wax bench and tools, clean heated bathrooms and shower, and indoor fireplace
- •Off-season trail maintenance including mowing, turf grinding,clearing, stump grinding, trimming and grading and trail insurance Snow Making Gun, pumps, and equipment
- Some of Pure Michigan's best skiing on 18km of trails, groomed daily with a Ginzu groomer
- Grooming equipment, including Kubota Tractor, Power Tiller for ice, three SkiDoo Skandic snowmobiles, the Ginzu-groomer, Trackmaker roller, snow-packing roller, and Snow Spreader A giant plowed parking lot close to trails

2018-19 Cross Country Ski HQ Trail Sponsors Season Facilities Pass					
Name		Ac	ldress		
City	State	Zip	Phone	Email	
 Family Spon	nsor \$65.00 (_	Number i	in family)	Individual Sponsor \$38.00	
				Security Code Check enclosed	
Cond to:	Cara an Constant		0425 N. C	Dd Dessemmen MI 49652	

Send to: Cross Country Ski HQ 9435 N. Cut Rd. Roscommon MI 48653

Prices and availability are Subject to Change

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